



The
Adult
School



SPRING 2018

COURSE CATALOG

Over 300 Diverse, Affordable,
High Quality & Convenient Classes

Located in Basking Ridge, Chatham,
Florham Park, Madison & Westfield



REGISTER NOW AT www.theadultschool.org

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Closing Policy

If public schools are closed, we will be closed. Announcements will be on our answering machine and website. The instructors are responsible for scheduling make-up classes.

Refund Policy

NO REFUND will be given once a course has started.

Course Canceled by School: Full refund. Please allow 4 weeks for processing.

Student Withdrawal: 1 week before start date, receive full cost minus \$10 withdrawal fee.

Trips: Refunds for trips varies by the trip agency and may not be available unless the seat can be sold. You may have to cover incurred expenses.

Adult School Credit: The Adult School may issue credit to be applied toward Adult School classes only. These credits expire two years from the issue date.

Superintendents of Schools

Carol Grossi
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Represented by Maria Carrell

Dr. Michael LaSusa
School District of the Chathams

Dr. Melissa Varley
Florham Park School District
Represented by Jane Stumpf

Mark Schwarz
Madison School District

Dr. Margaret Dolan
Westfield School District

Locations

Bernardsville Public Library
1 Anderson Hill Road, Bernardsville

Chatham Middle School
480 Main Street, Chatham

Farmstead Arts Center
450 King George Road, Basking Ridge

Florham Park Library
107 Ridgedale Avenue, Florham Park

Library of the Chathams
214 Main Street, Chatham

Madison Civic Center
28 Walnut Street, Madison

Madison Community House
25 Cook Avenue, Madison

Madison Elks Lodge
192 Main Street, Madison

Madison High School
170 Ridgedale Avenue, Madison

Madison Junior School
160 Main Street, Madison

Madison Library
39 Keep Street, Madison

Ridgedale Middle School
71 Ridgedale Avenue, Florham Park

Short Stories Community Book Hub
23 Main Street, Madison

Warren Middle School
100 Old Stirling Road, Warren

Washington Avenue School
102 Washington Avenue, Chatham Township

Westfield High School
550 Dorian Road, Westfield

Westfield Memorial Library
550 E Broad Street, Westfield

If you need special accommodations, please contact The Adult School at 973-443-9222 before classes begin.

THE ADULT SCHOOL

A Non-Profit Organization Serving the Community with Lifelong Learning Opportunities

To The Adult School's Community of Learners

"The concept of lifelong learning may well be our final secret weapon in the battle to save civilization. It is clearly our only insurance against the obsolescence of humanity." (Anon.)
Become an active participant in the struggle.

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Special Thanks

Thank you to these individuals and organizations for their support of The Adult School.

Bernardsville Public Library
Chatham, Florham Park, Madison and
Westfield School Districts

Don and Susan Mennella

Farmstead Arts Center

Florham Park Library

Friends of the Madison Public Library,

Co-Sponsor of Drew MiniCourses

Investors Foundation

Library of the Chathams

Madison Civic Center

Madison Community House

Madison Public Library

Madison Senior Center

Madison Volunteer Ambulance Corps

Morristown Airport

Rod's Steakhouse

Shop-Rite of Chatham

Short Stories Community Book Hub

Somerset Hills Historical Society

The Courtyard Marriott – Basking Ridge

The Elks Club of Madison

The Historical Society of Somerset Hills

The Hyde and Watson Foundation

The Rotary Club of Madison

The Shakespeare Theatre of New Jersey

The Washington House

Westfield Historical Society

Westfield Memorial Library

Before You Register, Please Note:

- All classes are organized by category; they are not separated by location.
- Check the location of the class you are interested in before registering.
- The course description provides an overview of the class; a detailed description can be found on our website.
- The date shown in the description is the class start date; remaining sessions will meet on the same day in subsequent week(s) unless otherwise indicated on our website.
- The refund policy can be found on the inside front cover of this catalog.
- Please call our office at 973-443-9222 with questions.

ARTS & CRAFTS

There may be an additional supplies fee for classes in this section. Go to the class listing on www.theadultschool.org or contact The Adult School for more information.

Art Therapy

Flowing with Feeling

The arts are a vehicle of emotional communication. In this workshop, we honor feelings as guides on the spiritual path using art activities for emotional expression. Supplies included.

#101 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Sun • Mar 11 • 7-9 pm • \$40

Creative Adult Coloring

Learn coloring basics along with some advanced coloring techniques like controlled scribble and 3-D color hatching. Finished pages will be processed through a virtual reality program to become 3-D, animated, and “pop-up” off the page. Students should bring their favorite colored pencils.

#102 @ Madison Civic Center • Duncan Ewald
2 Sessions • Mon • Apr 2 • 7-9 pm • \$25

Empty Nest

Coming into a new period of life? Through journaling and art you will find what is the most important to you and how to embrace the change. These art methods will help you appreciate the new you. Supplies included.

#103 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Wed • Apr 18 • 7-9 pm • \$40

Creative Wellness

Learn to recognize your support system, find what gives relief and how to redirect your energy towards healing through creating and exploring the arts. Supplies included.

#104 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Sun • May 13 • 1-4 pm • \$50

Ceramics

Pottery and Clay Play

Create functional pieces, sculptures, and tiles using a variety of techniques. You will finish a slab piece with details, a 3D figure or animal, and vessels all glazed and ready to use. Supplies included.

#105 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
3 Sessions • Tues • Mar 6 • 7-9 pm • \$120

Crafts

Fabric Collage

This method begins with a basic design and turns into a unique piece of art after selecting vibrant colors to cut and place. Supplies included but bring samples of color to match your decor.

#106 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Wed • Feb 21 • 7-9 pm • \$40

Pop-Up Greeting Cards

Learn all of the techniques needed to create your own, beautiful pop-up greeting cards. Supply list available on our website.

#107 @ Westfield High School • Leslie Wallant
2 Sessions • Mon • Apr 16 • 7-9 pm • \$45

Batik

Batik is a wax resist method that allows you to paint any design or pattern on cotton and control the colors. You will go home with a creative colored piece that can be made into a pillowcase, flag, or art piece. Supplies included.

#108 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Thurs • Apr 19 • 7-9 pm • \$35

Plaster Sculpture

Learn how to create a full 3D person or animal, as well as try your hand at a relief piece. Materials dry quickly so you can paint the same night. Supplies included.

#109 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
1 Session • Thurs • Apr 26 • 7-9 pm • \$50

Blowing in the Wind: Building Mobiles and Garden Ornaments

Learn how to make easy mobiles or garden ornaments that stick in the ground. Create your own garden masterpiece with clay and wire. Supply list available on our website.

#110 @ Westfield High School • Leslie Wallant
1 Session • Mon • Apr 30 • 7-9:30 pm • \$50

Drawing

Everyone Can Draw: Tricks of the Masters

Even master artists use certain “tricks” to draw, and we’ll learn some of the basics to develop hand eye coordination and observation. Supply list available on our website.

#111 @ Westfield High School • Leslie Wallant
6 Sessions • Mon • Feb 26 • 7:30-9 pm • \$80

From Scribbling to Shading: Drawing for the Absolute Beginner

Learn to create a picture using a variety of mediums such as graphite, charcoal, color pencils, pen & ink, and others. Any and all skill levels are welcomed to participate. All supplies are provided.

#112 @ South Avenue Arts, 221 South Avenue, Garwood • Nick Mockoviak
8 Sessions • Mon • Mar 19 • 7-9 pm • \$200

Pet Portrait Charcoal Drawing

Turn your beloved pet into a work of art by changing a close-up photo into a charcoal drawing. No experience necessary. Supply list available on our website.

#113 @ Madison High School • Susan Gepford
2 Sessions • Mon • Mar 19 • 7-9 pm • \$45

Draw Children's Portraits in Pencil

Make your family photo into a masterpiece! Change a family photo into a charcoal drawing. No experience necessary. Supply list available on our website.

#114 @ Madison High School • Susan Gepford
3 Sessions • Mon • May 7 • 7-9 pm • \$68

Glass

Please note, the classes in the Glass section below are held at the following location:
GlassRoots Studio, 10 Bleeker Street, Newark

Ancient Art of Glassblowing

Learn basic techniques for controlling and shaping molten glass. Take home your own creations. 14 years old or older. No experience necessary. All supplies included.

#115 @ GlassRoots Studio • GlassRoots Studio
1 Session • Sun • Apr 15 • 10 am-1 pm • \$95

#116 @ GlassRoots Studio • GlassRoots Studio
1 Session • Sun • May 20 • 10 am-1 pm • \$95

Jewelry

Kumihimo Jewelry for Beginners

Learn how to use this traditional Japanese braiding technique that results in beautiful jewelry. Supply list available on our website.

#117 @ Farmstead Arts Center • Susan Meyers
2 Sessions • Mon • Mar 12 • 7-9 pm • \$50

Chain Jewelry (Viking Knitting)

Viking knitting is a type of weaving with wire. Learn the basic skills to make a stunning bracelet utilizing this technique with beads and closure. No knitting or crochet skills required. Supply list available on our website.

#118 @ Farmstead Arts Center • Carolyn Hanson
2 Sessions • Mon • Apr 9 • 7-9 pm • \$70

Knitting & Crochet

Supply lists for all classes in the Knitting & Crochet section are available on our website.

Crochet for Beginners I

Make a ruffled scarf while learning basic crochet stitches, selecting the right yarn for a pattern and reading a written pattern.

#119 @ Madison High School • Carolyn Hanson
3 Sessions • Tues • Feb 27 • 7-9 pm • \$70

Crochet for Beginners II

This class is designed for crocheters who have a basic knowledge of crochet and are ready to explore crochet in-the-round, increasing, decreasing, reading diagrams and patterns, and joining seams.

#120 @ Madison High School • Carolyn Hanson
3 Sessions • Tues • Mar 27 • 7-9 pm • \$70

Tunisian Crochet

Learn the Tunisian stitches, pattern reading, crocheting with beads and more to make a beaded scarf. Prerequisite: must know how to single crochet.

#121 @ Madison Junior School • Carolyn Hanson
3 Sessions • Wed • Apr 18 • 7-9 pm • \$70

Stitching into Spring: Floral Scarf

Make a vibrant floral scarf in a bold palette of up to twenty-three colors. Watch this project bloom as you work from flower to flower using the continuous join method. Class materials fee of \$7 payable to instructor.

#122 @ Madison High School • Carolyn Hanson
2 Sessions • Tues • Apr 24 • 7-9 pm • \$50

Open Knitting and Crochet

Join a group of knitters and crocheters as you bring your own project, and get personal attention from the instructor with patterns, stitches, techniques, or to correct mistakes.

#123 @ Madison Junior School • Carolyn Hanson
3 Sessions • Wed • Mar 21 • 7-9 pm • \$70

Knitting for Beginners I

Learn to cast on, knit, purl, increase, decrease, and bind off to complete a scarf, shawl, poncho or blanket.

#124 @ Ridgedale Middle School • Virginia Tucci
5 Sessions • Tues • Mar 6 • 7-9 pm • \$80

#125 @ Florham Park Library • Virginia Tucci
5 Sessions • Wed • Mar 7 • 10 am-12 pm • \$80

Knitting for Beginners II

Learn to knit and purl a hat and child's sweater with button holes, and assemble using mattress stitch.

#126 @ Ridgedale Middle School • Virginia Tucci
5 Sessions • Tues • Apr 17 • 7-9 pm • \$80

#127 @ Florham Park Library • Virginia Tucci
5 Sessions • Wed • Apr 18 • 10 am-12 pm • \$80

Step-Up Knitting

Learn to read patterns with multiples of stitches and learn a variety of stitches. You may also complete a child's or adult's pullover or cardigan with or without button holes.

#128 @ Florham Park Library • Virginia Tucci
10 Sessions • Wed • Mar 7 • 12:30-2:30 pm • \$140

#129 @ Ridgedale Middle School • Virginia Tucci
10 Sessions • Wed • Mar 7 • 7-9 pm • \$140

Painting

Beyond Basics:

Open Studio Painting

Come join our painting club! Work on independent projects in any painting medium with help and guidance from the instructor.

#130 @ Madison High School • Susan Gepford
10 Sessions • Tues • Mar 6 • 7-9 pm • \$170
Special Senior Price: \$155

Watercolor Wonders

Learn how to play with watercolors and how to control it with tricks and techniques that will help you paint the pictures you want. Each class explores different methods from collage to creating special effects. All supplies included.

#131 @ Instructor's Studio, 58 Ridge Road, Watchung • Lisa Brown
4 Sessions • Wed • Mar 7 • 7-9 pm • \$140

Intro to Acrylic Painting:

Tuscan Landscape

Learn color, composition, and basic painting techniques while creating a beautiful Italian landscape. All supplies are included. Visit *Painting with Dorothy* on Facebook for more information.

#132 @ Chatham Middle School • Dorothy Jaretsky
4 Sessions • Wed • Mar 7 • 7-9:30 pm • \$170

Painting from the Ground Up:

Oil & Acrylic Painting

This course is for artists just beginning their journey or for those who want to reach the next level. Skills taught include basic drawing, light & shadow, color mixing, atmosphere, working from a basic still life, landscape painting, brushwork, and composition. Supply list available on our website.

#133 @ South Avenue Arts, 221 South Avenue, Garwood • Mark Saenger
8 Sessions • Mon • Mar 19 • 12-2:30 pm • \$200

Intro to Acrylic Painting:

Animal Portraits

Learn basic drawing and painting techniques to create a realistic likeness of your favorite animal. Bring at least three clear photos of your animal's face. All supplies are included. Visit *Painting with Dorothy* on Facebook for more information.

#134 @ Chatham Middle School • Dorothy Jaretsky
4 Sessions • Wed • Apr 11 • 7-9:30 pm • \$170

Sewing

Bring a sewing machine for use in all sewing classes. The Adult School has one sewing machine available to borrow.

Get to Know Your Sewing Machine

Learn how to thread, work with bobbins, adjust the tensions and stitch size, and have any questions answered you have about your machine. Simple project made in class. All supplies included.

#135 @ Madison Civic Center • Lois Anderson
2 Sessions • Wed • Mar 14 • 9:30-11:30 am • \$70

Open Sewing

Work independently on a sewing project of your choice under the direction of the teacher. Student to provide supplies and a sewing machine. Must have familiarity with sewing machine or have taken *Get to Know Your Sewing Machine* prior to class.

#136 @ Madison Civic Center • Lois Anderson
6 Sessions • Wed • Mar 28 • 9:30-11:30 am • \$95

Open Sewing Extension

#137 @ Madison Civic Center • Lois Anderson
4 Sessions • Wed • May 9 • 9:30-11:30 am • \$65

Private Sewing Lessons

Basic to advanced sewing lessons or work on a particular project.

#138 • Date, Time & Location to Be Arranged • \$60/hr

ART HISTORY

Modern Art Through the Lens of Painting: 6 Part Series

Lectures discuss the major stylistic periods of Modern Art from mid-19th century to the 21st century. These classes may be taken individually or as a series.

#201 @ Library of the Chathams • Paul Kline
6 Sessions • Mon • Apr 9 • 7-9 pm • \$200

Modern Art Through the Lens of Painting: Beginnings of Modern Art

Learn about the beginnings of Modern Art with an overview of Realism, Romanticism, and Impressionism. Artists to be examined: Whistler, Turner, Courbet, Monet, Sargent, and others.

#202 @ Library of the Chathams • Paul Kline
1 Session • Mon • Apr 9 • 7-9 pm • \$40

Modern Art Through the Lens of Painting: Post-Impressionism and Expressionism

Continue the story with a focus on European artists who followed the Impressionists. Artists to be examined: Seurat, Cezanne, Rousseau, Van Gogh, Schiele, and others.

#203 @ Library of the Chathams • Paul Kline
1 Session • Mon • Apr 16 • 7-9 pm • \$40

Modern Art Through the Lens of Painting: Cubism, De Stijl, and Surrealism

This lecture will provide an overview of Cubism, and European painting post-Cubism. Artists to be examined: Braque, Picasso, Gris, Delaunay, Chagall, Mondrian, Klee, and Kandinsky.

#204 @ Library of the Chathams • Paul Kline
1 Session • Mon • Apr 23 • 7-9 pm • \$40

Modern Art Through the Lens of Painting: Abstract Expressionism

Find out more about what is often referred to as the first major art movement in America. Artists to be examined: Gorky, de Kooning, Krasner, Rothko, and others.

#205 @ Library of the Chathams • Paul Kline
1 Session • Mon • Apr 30 • 7-9 pm • \$40

Modern Art Through the Lens of Painting: Pop Art, Conceptual Art, and Postmodernism

Offering an overview of painting in the 60s, 70s, and 80s. Artists to be examined: Rauschenberg, Hockney, Lichtenstein, Warhol, Hesse, and others.

#206 @ Library of the Chathams • Paul Kline
1 Session • Mon • May 7 • 7-9 pm • \$40

Modern Art Through the Lens of Painting: Late 20th Century and Early 21st Century

The series concludes with an overview of paintings from the 1990s up to today. Artists to be examined: Baselitz, Clemente, Haring, Twombly, and others.

#207 @ Library of the Chathams • Paul Kline
1 Session • Mon • May 14 • 7-9 pm • \$40

Would You like to Join The Adult School Board of Trustees?

If you are interested in becoming a member of The Adult School Board of Trustees, please contact us at 973-443-9222.

CARDS & GAMES

Beginner Bridge

Learn the fundamentals of bridge bidding and play. Course suitable for beginners and those who wish to review the basics. Optional textbook: \$6.

#301 @ Westfield High School • Susan Schwartz
6 Sessions • Mon • Apr 9 • 7-8:30 pm • \$90

#302 @ Madison Community House • Susan Schwartz
6 Sessions • Tues • Apr 10 • 1-2:30 pm • \$60

Beginner Bridge 2

This class is for people who have completed half of the beginner one textbook and are moving right along. All new players are welcome who have the basic rudiments of the game.

#303 @ Westfield High School • Susan Schwartz
6 Sessions • Mon • Apr 9 • 8:30-10 pm • \$90

#304 @ Madison Community House • Susan Schwartz
6 Sessions • Tues • Apr 10 • 2:30-4 pm • \$90

Canasta

Learn the rules and strategies to play Modern American Canasta.

#305 @ Madison Civic Center • Phyllis Weiss
6 Sessions • Wed • Feb 28 • 10 am-12 pm • \$85

Beginner Mah Jongg

Gain a basic understanding of the game's fundamental components.

#306 @ Madison Civic Center • Jerry Garris-Happ
6 Sessions • Thurs • Apr 5 • 12-2 pm • \$85

#307 @ Madison Civic Center • Donna Gross
6 Sessions • Tues • May 8 • 9:30-11:30 am • \$85

#308 @ Westfield High School • Roberta Temes
5 Sessions • Mon • Apr 23 • 7-9 pm • \$70

Intermediate Mah Jongg

For those who know how to play the game and would like to gain more experience and skill. Learn about deciding a hand, faster play, and strategies to becoming a stronger player.

#309 @ Madison Civic Center • Donna Gross
4 Sessions • Wed • May 16 • 10 am-12 pm • \$60

Chess for Beginners

Learn the basics of how to play a solid game against all comers.

#310 @ Farmstead Arts Center • Steve Liesch
6 Sessions • Mon • Mar 12 • 7-8:30 pm • \$75

CAREER, FINANCE & RETIREMENT

Career

Voiceovers...Now is Your Time

Learn how you could begin to use your speaking voice for commercials, films, videos and more!

#401 @ Madison High School • Wendy Shapero
1 Session • Mon • Mar 12 • 7-9 pm • \$55

First Impressions Are Lasting Impressions

Make a lasting first impression! Learn practical and proven techniques that will help you unleash your personal power and land that job. Discover what the best actors/playwrights in the world already know and start enhancing your charisma and presence today.

#402 @ Madison Civic Center • Michael O'Leary
1 Session • Tues • Apr 3 • 6-9 pm • \$110

Getting Paid to Talk

Introduction to the field of voice over. Opportunity to record a short professional script under the direction of the teacher.

#403 @ Ridgedale Middle School • Voice Coaches
1 Session • Wed • May 23 • 6:30-9 pm • \$55

Re-Entering the Workplace

One-on-One individual instruction.

#404 @ Madison Civic Center • Kathy Grilli
1 Session • Date & Time TBD • \$60/hour

Finance

Investment 101

Everything you need to know about stocks, bonds, mutual funds, and tax-free investing.

#405 @ Westfield High School • Jayson M. Astel
1 Session • Mon • Feb 26 • 7-9 pm • \$35

#406 @ Westfield High School • Jayson M. Astel
1 Session • Mon • Apr 23 • 7-9 pm • \$35

Bookkeeping Basics

Learn about basic accounting terminology, account types and double-entry accounting. Learn how to post day to day transactions and post deposits. Perfect primer to Quickbooks.

#407 @ Madison High School • Helen Engel
2 Sessions • Tues • Mar 13 • 7-9 pm • \$75

The Basics of Financial Planning

This class will teach you to build a roadmap to make sure you don't run out of money in retirement. Topics include necessary and discretionary spending, budgeting, healthcare expenses and guaranteed income sources.

#408 @ Westfield High School • Jayson M. Astel
1 Session • Mon • Mar 26 • 7-9 pm • \$35

#409 @ Chatham Middle School • Jayson M. Astel
1 Session • Mon • May 21 • 7-9 pm • \$35

Finances for Women

Become a more knowledgeable investor and gain the confidence to take control of your finances. The instructor strives to empower women to feel more comfortable handling their finances.

#410 @ Chatham Middle School • Esther Fishman, CFP
2 Sessions • Mon • Apr 23 • 7-9 pm • \$60

Living Your Legacy

This hands-on workshop examines the values that drive your desire to give back, and teaches how a family giving plan can guide you and your family as you craft a legacy through giving together.

#411 @ Madison High School • Jay Weisman
2 Sessions • Tues • May 15 • 7-9 pm • \$60

Retirement

How to Navigate the Medicare Maze

Learn the basics of Medicare and how to select a Medicare Plan that fits your personal needs. Presentation of four parts of Medicare and information about Medigap Supplemental Plans.

#412 @ Westfield High School • Gregg Astel
1 Session • Mon • Feb 26 • 7-9 pm • \$35

#413 @ Madison High School • Gregg Astel
1 Session • Wed • Apr 18 • 7-9 pm • \$35

Healthcare & Your Retirement

The increasing cost of healthcare is a growing concern for everyone. We will discuss Medicare coverage and traditional medical expenses, long-term medical care expenses and strategies for addressing uncovered expenses.

#414 @ Ridgedale Middle School • Dallas J. Herold
1 Session • Tues • Feb 27 • 7-8 pm • \$30

COLLEGE PREP

Lentz & Lentz SAT Classes

Classes feature test-taking techniques, preparation for the essay, Algebra II, advanced math and shortcut math, vocabulary development, speed reading technique and more. Call 1-845-638-2826 for more information.

#501 @ Westfield High School
8 Sessions • Mon • Mar 5 • 6:30-9:30 pm • \$425

#502 @ Madison Junior School
8 Sessions • Thurs • Mar 8 • 6:30-9:30 pm • \$425

Savvy Social Security Planning

Get answers to all your social security questions. Learn about options, how to apply and strategies to maximize benefits in order to create an exceptional income plan for retirement.

#415 @ Chatham Middle School • Ronald Hunter
2 Sessions • Wed • Feb 28 • 7-9 pm • \$50

#416 @ Westfield High School • Ronald Hunter
2 Sessions • Mon • Mar 12 • 7-9 pm • \$50

#417 @ Farmstead Arts Center • Ronald Hunter
2 Sessions • Mon • Apr 23 • 7-9 pm • \$50

Retirement Planning Today

The course is designed to teach you how to build wealth and align your money with your values to accomplish your goals in life. Spouses attend free.

#418 @ Warren Middle School • James Sena
2 Sessions • Tues • Apr 10 • 6:30-9:30 pm • \$49

#419 @ Warren Middle School • James Sena
2 Sessions • Thurs • Apr 12 • 6:30-9:30 pm • \$49

Aging Gracefully

Whether you are entering your golden years, or have a parent or loved one who is, ensure a graceful transition by learning about important matters regarding financial planning, property management, and senior living options.

#420 @ Chatham Middle School • Elizabeth Miller
1 Session • Mon • Apr 16 • 7-9 pm • \$35

Your Generosity is Appreciated!

Thank you to all our amazing students who support us through generous donations and by continuing to take classes with us each semester.

COMPUTERS

All computer classes are taught on a PC/Windows system unless noted otherwise.

Computer Basics

Troubleshooting/Clean Up Your Computer

Learn to identify some common hardware and software problems, how to fix them, and bring your computer up to speed.

#601 @ Madison HS • Computer Training Services
1 Session • Tues • Mar 6 • 7-9 pm • \$50

#602 @ Westfield HS • Computer Training Services
1 Session • Mon • May 21 • 7-9 pm • \$50

Internet Basics & More

Cloud Computing

Learn to get all your devices in sync and safely stored on servers available to you.

#603 @ Madison Civic Center • Computer Training Services

1 Session • Thurs • Mar 1 • 7-9 pm • \$50

Buy and Sell on eBay

Learn how to establish an account, work with Paypal, and auction/bidding techniques.

#604 @ Westfield Memorial Library • Computer Training Services

2 Sessions • Thurs • Mar 8 • 7-8:30 pm • \$75

#605 @ Madison Civic Center • Computer Training Services

2 Sessions • Wed • Mar 28 • 7-8:30 pm • \$75

Social Media

Social Media for Beginners

Learn how to use Twitter, Facebook, LinkedIn, Google+, Skype and other social media platforms from both your computer and mobile device. Bring your own device.

#606 @ Madison Civic Center • Computer Training Services

2 Sessions • Thurs • Mar 22 • 7-8:30 pm • \$75

#607 @ Westfield Memorial Library • Computer Training Services

2 Sessions • Thurs • Apr 5 • 7-8:30 pm • \$75

Are You Looking for One-on-One Instruction?

We offer individual instruction in several areas: art, computers, dance, languages, music and more. Please contact us at 973-443-9222 for more information.

iPhone, iPad & Tablet Basics

Get to Know Your iPad

Discover how to download applications, sync with your iTunes account, read books, listen to music, watch TV/movies/videos and more. Bring your iPad to class.

#608 @ Madison Civic Center • Computer Training Services

1 Session • Wed • Mar 7 • 7-9 pm • \$50

#609 @ Madison Civic Center • Kathy Grilli
1 Session • Thurs • May 17 • 12-2 pm • \$50

Special Senior Price: \$43

#610 @ Westfield Memorial Library • Kathy Grilli
1 Session • Wed • May 30 • 12-2 pm • \$50

Special Senior Price: \$43

Get to Know Your iPhone

Bring your iPhone to class for a hands-on lesson on some of its many features and functions.

#611 @ Madison High School • Computer Training Services

1 Session • Tues • Mar 27 • 7-9 pm • \$50

#612 @ Madison Civic Center • Kathy Grilli
1 Session • Wed • May 23 • 12-2 pm • \$50

Special Senior Price: \$43

#613 @ Westfield Memorial Library • Kathy Grilli
1 Session • Wed • June 6 • 12-2 pm • \$50

Special Senior Price: \$43

Get to Know Your Tablet

Bring your tablet to class and discover all of its many features.

#614 @ Madison Civic Center • Kathy Grilli
1 Session • Mon • Mar 12 • 12-2 pm • \$50

Special Senior Price: \$43

#615 @ Madison Civic Center • Computer Training Services

1 Session • Wed • Mar 14 • 7-9 pm • \$50

Word, Excel & PowerPoint

Learn the basics of word processing, spreadsheets, and graphic presentations. Register for the Microsoft Office class to learn all three programs (Word, Excel and PowerPoint) or as individual classes.

Microsoft Office for Beginners

Learn basics of word processing, spreadsheets, and graphic presentations, plus how to move from one program to another. Ample practice time will be given.

#616 @ Westfield HS • Computer Training Services
8 Sessions • Mon • Feb 26 • 6:30-9 pm • \$275

#617 @ Madison Civic Center • Computer Training Services

8 Sessions • Thurs • Apr 19 • 6:30-9 pm • \$275

Introduction to Word (2010)

Create and save a document, how to copy/cut/paste, undo, formatting text, bullets, setting margins, spacing and more.

#618 @ Westfield HS • Computer Training Services
3 Sessions • Mon • Feb 26 • 6:30-9 pm • \$125

#619 @ Madison Civic Center • Kathy Grilli
3 Sessions • Wed • Feb 28 • 12-2 pm • \$125

#620 @ Madison Civic Center • Computer Training Services

3 Sessions • Thurs • Apr 19 • 6:30-9 pm • \$125

Intermediate Word

Learn to insert graphics, tables, mail merge, and more formatting options.

#621 @ Madison Civic Center • Kathy Grilli
2 Sessions • Wed • Mar 21 • 12-2 pm • \$80

Introduction to Excel

This course is for users who want an introduction to Excel – its use, function and applications.

#622 @ Westfield HS • Computer Training Services
3 Sessions • Mon • Mar 19 • 6:30-9 pm • \$125

#623 @ Madison Civic Center • Kathy Grilli
3 Sessions • Wed • Apr 4 • 12-2 pm • \$125

#624 @ Madison Civic Center • Computer Training Services

3 Sessions • Thurs • May 10 • 6:30-9 pm • \$125

Intermediate Excel 2010

Learn to organize and better manipulate data – insert graphics, use formula tables, vlookup and pivot tables.

#625 @ Madison Civic Center • Kathy Grilli
2 Sessions • Wed • Apr 25 • 12-2 pm • \$80

Excel: Pivot Tables

Pivot tables are a great tool for analyzing data and financial reporting.

#626 @ Madison HS • Computer Training Services
1 Session • Tues • Apr 3 • 7-9 pm • \$50

Excel Tips, Tricks, and Secrets

Learn techniques to save time with housekeeping tasks and begin to master Excel.

#627 @ Madison HS • Computer Training Services
1 Session • Tues • Apr 17 • 7-9 pm • \$50

Introduction to PowerPoint

Learn the basic skills and many uses of PowerPoint.

#628 @ Westfield HS • Computer Training Services
2 Sessions • Mon • Apr 16 • 6:30-9 pm • \$80

#629 @ Madison Civic Center • Kathy Grilli
2 Sessions • Wed • May 9 • 12-2 pm • \$80

#630 @ Madison Civic Center • Computer Training Services

2 Sessions • Thurs • May 31 • 6:30-9 pm • \$80

Software Instruction & Design

Quickbooks I

Learn the ins and outs of business cash flow, accounts payable and receivable, reconciliations, inventory and reporting. It is suggested that you take *Bookkeeping Basics*, found on page 8, before *Quickbooks I*.

#631 @ Madison Civic Center • Computer Training Services

3 Sessions • Tues • Apr 3 • 7-9:30 pm • \$120

#632 @ Madison Civic Center • Libby Hilsenrath
4 Sessions • Tues • Apr 10 • 12-2 pm • \$160

Quickbooks II

Learn more advanced features including discounts and credits, customer statements, loans and budgets, user access levels and more.

#633 @ Madison Civic Center • Computer Training Services

2 Sessions • Tues • May 1 • 7-9:30 pm • \$80

#634 @ Madison Civic Center • Libby Hilsenrath
4 Sessions • Tues • May 8 • 12-2 pm • \$160

Website Design

Learn to design, develop, and maintain a user-friendly website with professional quality pages.

#635 @ Madison Civic Center • Computer Training Services

3 Sessions • Wed • May 2 • 7-9 pm • \$120

Photography/Videography

Download and Edit Photos

Learn to transfer digital camera photos from your camera to the computer and edit them.

#636 @ Madison HS • Computer Training Services
2 Sessions • Tues • Mar 13 • 7-8:30 pm • \$75

Create Your Own Video Montage

Create a video keepsake for all the milestones in your life. Bring your computer so you can create your own finished product!

#637 @ Madison HS • Computer Training Services
1 Session • Tues • Apr 24 • 7-8:30 pm • \$50

Adobe Photoshop

Learn how to scan and import photos, combine and transform images and text for use in print and electronic applications.

#638 @ Madison Civic Center • Computer Training Services

4 Sessions • Tues • May 15 • 7-9 pm • \$220

Individual Instruction

One-on-One Computer Instruction

Instruction can be on a PC or Macintosh computer system.

#639 • Date, Time & Location to Be Arranged • \$60/hr

CURRENT EVENTS & HISTORY

Separating Fact from Fake on the Internet

Learn about the history of fake news and some tips to help you spot it in this interactive workshop.

#701 @ Madison Civic Center • Barbara Burton
1 Session • Fri • Mar 9 • 10-11:30 am • \$25

Lecture Series

Great Decisions 2018 Series

This program, selected by the Foreign Policy Association, provides background information and policy options for the eight most critical issues facing America each year. Register for the series or individual classes. Students are encouraged to purchase the *Great Decisions Briefing Book* for \$30 using the code **GDB** when registering for the series.

#702 @ Farmstead Arts Center • Jim DelGiudice
8 Sessions • Mon • Mar 12 • 10-11:30 am • \$150

#703 @ Madison Junior School • Jim DelGiudice
8 Sessions • Wed • Mar 14 • 7-8:30 pm • \$150

The Waning of Pax Americana

During the first months of Donald Trump's presidency, the U.S. began a historic shift away from Pax Americana, the liberal international order that was established in the wake of World War II. Geopolitical allies and challengers alike are paying close attention.

#704 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Mar 12 • 10-11:30 am • \$25

#705 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Mar 14 • 7-8:30 pm • \$25

Russia's Foreign Policy

Under President Vladimir Putin, Russia is projecting an autocratic model of governance abroad and working to undermine the influence of liberal democracies, namely along Russia's historical borderlands. How should the United States respond to Putin's foreign policy ambitions?

#706 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Mar 19 • 10-11:30 am • \$25

#707 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Mar 21 • 7-8:30 pm • \$25

China and America:

The New Geopolitical Equation

In the last 15 years, China has implemented a wide-ranging strategy of economic outreach and expansion of all its national capacities, including military and diplomatic capacities. What policies might Washington adopt to address this circumstance?

#708 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Mar 26 • 10-11:30 am • \$25

#709 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Mar • 28 • 7-8:30 pm • \$25

Media and Foreign Policy

State and non-state actors today must maneuver a complex and rapidly evolving media landscape. Conventional journalism now competes with user-generated content. What are the implications for U.S. policy?

#710 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Apr 2 • 10-11:30 am • \$25

#711 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Apr 4 • 7-8:30 pm • \$25

Turkey: A Partner In Crisis

Of all NATO allies, Turkey represents the most daunting challenge for the Trump administration. In this age of a worsening "clash of civilizations" between Islam and the West, even more important than its place on the map is what Turkey symbolically represents as the most institutionally Westernized Muslim country in the world.

#712 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Apr 16 • 10-11:30 am • \$25

#713 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Apr 18 • 7-8:30 pm • \$25

U.S. Global Engagement and the Military

The global power balance is rapidly evolving, leaving the United States at a turning point with respect to its level of engagement and the role of its military. How does the military function in today's international order and how might it be balanced with diplomatic and foreign assistance capabilities?

#714 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Apr 23 • 10-11:30 am • \$25

#715 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • Apr 25 • 7-8:30 pm • \$25

South Africa's Fragile Democracy

The African National Congress (ANC) party has governed South Africa since the end of apartheid in 1994. Given America's history of opportunistic engagement with Africa, there are few prospects for a closer relationship between the two countries. A weaker ANC could lead to political fragmentation in this relatively new democracy.

#716 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • Apr 30 • 10-11:30 am • \$25

#717 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • May 2 • 7-8:30 pm • \$25

Global Health: Progress and Challenges

The collective action of countries, communities and organizations over the last 30 years has literally saved millions of lives around the world. Yet terrible inequalities in health and wellbeing persist. The world now faces a mix of old and new health challenges.

#718 @ Farmstead Arts Center • Jim DelGiudice
1 Session • Mon • May 14 • 10-11:30 am • \$25

#719 @ Madison Junior School • Jim DelGiudice
1 Session • Wed • May 16 • 7-8:30 pm • \$25

DANCE

Ballroom Dance

Introduction to Ballroom Dance

#801 Couples • \$165

#802 Singles • \$90

@ **Westfield High School • Michelle Garced**
8 Sessions • Mon • Feb 26 • 7-8 pm

Ballroom Dance II

#803 Couples • \$165

#804 Singles • \$90

@ **Westfield High School • Michelle Garced**
8 Sessions • Mon • Feb 26 • 8-9 pm

Waltz, Rumba, Tango, and East Coast Swing

#805 Couples • \$165

#806 Singles • \$90

@ **Madison Civic Center • David Cross**
8 Sessions • Mon • Mar 5 • 6:30-7:30 pm

East Coast Swing and West Coast Swing

#807 Couples • \$165

#808 Singles • \$90

@ **Madison Civic Center • David Cross**
8 Sessions • Mon • Mar 5 • 7:30-8:30 pm

Advanced Beginner Ballroom Dance

Focus will be on cha cha, rumba, waltz, and east coast swing. Prerequisite: basic knowledge of the dances.

#809 Couples • \$165

#810 Singles • \$90

@ **Madison Civic Center • David Cross**
8 Sessions • Mon • Mar 5 • 8:30-9:30 pm

Cha Cha, Salsa, Merengue, and Foxtrot

#811 Couples • \$165

#812 Singles • \$90

@ **Madison Civic Center • David Cross for Dance with Me**
8 Sessions • Tues • Mar 6 • 6:30-7:30 pm

Waltz and Rumba

#813 Couples • \$165

#814 Singles • \$90

@ **Madison Civic Center • David Cross for Dance with Me**
8 Sessions • Tues • Mar 6 • 7:30-8:30 pm

One Dance – One Night

A great opportunity to learn a new dance! Introductory beginner lesson for those who want to try out ballroom dancing and for those who want to practice.

Tango

#815 @ Madison Civic Center • David Cross
1 Session • Mon • Feb 26 • 7-8:30 pm • \$15

Cha Cha

#816 @ Madison Civic Center • David Cross
1 Session • Tues • Feb 27 • 7-8:30 pm • \$15

East Coast Swing

#817 @ Madison Civic Center • David Cross
1 Session • Mon • Apr 2 • 7-8:30 pm • \$15

Waltz

#818 @ Madison Civic Center • David Cross
1 Session • Tues • Apr 3 • 7-8:30 pm • \$15

West Coast Swing

#819 @ Madison Civic Center • David Cross
1 Session • Mon • May 7 • 7-8:30 pm • \$15

Rumba

#820 @ Madison Civic Center • David Cross
1 Session • Tues • May 8 • 7-8:30 pm • \$15

Other Dance

Jazz/Hip Hop

#821 @ Yvette Dance Studio, 118 Walnut Avenue, Cranford • Yvette Dance Studio Instructor
8 Sessions • Mon • Feb 26 • 7:30-8:30 pm • \$130

Tap Dancing for Beginners

#822 @ Yvette Dance Studio, 118 Walnut Avenue, Cranford • Yvette Dance Studio Instructor
8 Sessions • Mon • Feb 26 • 6:30-7:30 pm • \$130

Tap Dancing for Advanced Beginners

#823 @ Yvette Dance Studio, 118 Walnut Avenue, Cranford • Yvette Dance Studio Instructor
8 Sessions • Mon • Feb 26 • 7:15-8:15 pm • \$130

Ballet for Beginners

#824 @ Yvette Dance Studio, 118 Walnut Avenue, Cranford • Yvette Dance Studio Instructor
8 Sessions • Tues • Feb 27 • 6:15-7:15 pm • \$130

Ballet for Advanced Beginners

#825 @ Yvette Dance Studio, 118 Walnut Avenue, Cranford • Yvette Dance Studio Instructor
8 Sessions • Wed • Feb 28 • 6:15-7:30 pm • \$145

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Belly Rock

Enjoy this Middle Eastern/contemporary workout experience: a fusion of belly dance moves while dancing to popular songs. No experience necessary.

#826 @ Studio Yoga, 2 Green Village Road, Madison • Studio Yoga Instructor
5 Sessions • Fri • Mar 2 • 6-7 pm • \$72

Beginner Belly Dance

Learn an oriental dance that emphasizes the movement of the pelvis and the abdominal muscles. The dance steps transition one to the next so easily and seamlessly that you will feel like a dancing goddess by the end of the first class!

#827 @ Sharon Fit Belly Dance Studio, 29 Alden Street, Cranford • Sharon Fit Instructors
6 Sessions • Sun • Mar 4 • 10-11 am • \$90

#828 @ Studio Yoga, 2 Green Village Road, Madison • Studio Yoga Instructor
5 Sessions • Mon • Mar 5 • 6-7 pm • \$72

Belly Dance Veil Technique

Learn the beauty of veil technique and add drama to your dance, using your veil as a theatrical prop or to recover from snafus. Open to all, no belly dance background necessary.

#829 @ Sharon Fit Belly Dance Studio, 29 Alden Street, Cranford • Sharon Fit Instructors
6 Sessions • Mon • Mar 5 • 6:30-7:30 pm • \$90

Hula Hoop Dance – All Levels

Hooping builds core strength, tones the entire body, provides an intense low-impact cardio workout, and burns calories. It also develops balance, coordination and most of all, it is fun! Hoops will be available for in-class use and available for purchase.

#830 @ Sharon Fit Belly Dance Studio, 29 Alden Street, Cranford • Sharon Fit Instructors
6 Sessions • Sun • Mar 4 • 9-10 am • \$90

Bollywood for Beginners

Bollywood dance encompasses traditional and classical Indian dance from various regions of India, as well as movement from hip-hop, jazz, belly dance, and other world dances. No previous dance experience needed.

#831 @ Sharon Fit Belly Dance Studio, 29 Alden Street, Cranford • Sharon Fit Instructors
6 Sessions • Sun • Mar 4 • 11:30 am-12:30 pm • \$90

Social Line Dancing

Learn the popular line dances that are easy to follow and entertaining for all regardless of your age or skill level!

#832 @ Madison Elks Lodge • David Cross
8 Sessions • Wed • Mar 7 • 1:30-2:30 pm • \$65

Your Wedding Dance

Bring your own music CD and create the perfect dance. Please contact The Adult School to schedule your dance class.

#833 @ Madison Civic Center • David Cross
Choose Your Dates • Tues • 8:30-9:30 pm • \$65/hr

Opus Two

Sunday, April 8 at 2 pm
William Terwilliger, violin; Andrew Cooperstock, piano

Broadway: The Next Generation

Saturday, May 12 at 3-5 pm in the English Barn
Lucas Schultz, actor; Jimmy Horan, piano

Young Artist Award Recital

Sunday, May 20 at 2 pm, *free admission*

History Lectures in the Farmhouse

Somerset Tech: Stories of Important Technologies That Had Their Start in Somerset County

Sunday, February 25 from 2-3 pm, *free admission*
By Jim DelGiudice

Pickets and Persistence, War Service and Women's Suffrage

Sunday, March 25 from 2-3 pm, *free admission*
By Carol Simon Levin

Art Shows at the Farmstead

Gallery Hours:

Sunday 1-4 pm
Monday through Wednesday, 10 am-1 pm

Picture This: America's Roots Music

January 7 – 28
Opening: January 7 from 1-4 pm

Ridge High School Students

February 4 – 25

Women in the Arts Show

March 4 – April 15
Opening: March 4 from 1-4 pm

Members' Show

April 22 – June 3
Opening: April 15 from 1-4 pm

Potters' Guild of NJ

May 5 from 11-5 pm
May 6 from 12-5 pm

Exhibition to Honor the Great Oak Tree

June 10 – July 8
Opening: June 10 from 1-4 pm

Theater in the English Barn

The Lord Stirling Theater Company presents:

Othello

June 1, 2, 8, 9 at 7:30 pm

June 3 and 10 at 2 pm

\$20 general admission
\$15 seniors, students and Farmstead members

Classes

Visit www.farmsteadartscenter.org for class descriptions. All materials included for classes listed.

Intro to Pastels for Adults

Tues • Jan 16 – Feb 20 • 4-6 pm • *Doug Schiller*
\$150 members; \$170 non-members

Intro to Portrait Drawing/Painting

Ages 12 & Up; All Levels Welcome
Tues • Jan 23 – Feb 27 • 4-6 pm • *Oscar Peterson*
\$175 members; \$195 non-members

Acrylic Painting

All Levels Welcome
Tues • Feb 13 – Mar 6 • 6:30-8:30 pm • *Margaret Fanning*
\$100 members; \$120 non-members

Teen Drawing and Painting

Ages 13-17
Tues • Jan 16 – Feb 20 • 7:30-9:30 pm • *Doug Schiller*
\$150 members; \$170 non-members

Intro to Watercolors

Wed • Jan 17 – Feb 21 • 10 am-12 pm • *Doug Schiller*
\$150 members; \$170 non-members

Drawing and Painting for Ages 9 – 12

Wed • Jan 17 – Feb 21 • 4-5:30 pm • *Doug Schiller*
\$125 members; \$145 non-members

Drawing and Painting the Figure

Ages 12 and Up, All Levels Welcome
Thurs • Jan 25 – Mar 1 • 4-6 pm • *Oscar Peterson*
\$175 members; \$195 non-members

Prehistoric Cave Art

Ages 9 – 12
Thurs • Jan 18 – Feb 22 • 4-5:30 pm • *Doug Schiller*
\$125 members; \$145 non-members

Colored Pencil Drawing

Ages 16 and Up
Thurs • Jan 18 – Feb 22 • 7:30-9:30 pm • *Doug Schiller*
\$150 members; \$170 non-members

Painting with Watercolor and Gouache

Fri • Feb 9 – Mar 16 • 10 am-noon • *Margaret Fanning*
\$150 members; \$170 non-members

Drawing & Painting from Photographs

Fri • Feb 9 – Mar 16 • 6:30-8:30 pm • *Margaret Fanning*
\$150 members; \$170 non-members

Intro to Illustration & Cartooning for Teens and Adults

Sat • Jan 20 – Mar 10 • 11 am-1 pm • *Stefano Junior*
\$200 members; \$220 non-members

In Search of Photographic Style

Sat • Jan 20 & 27 • 1-2:30 pm • *Jim DelGiudice*
\$80 members; \$90 non-members

Still Life Painting

Sat • Feb 17 – Mar 10 • 2-4 pm • *Margaret Fanning*
\$100 members; \$120 non-members

DRIVER'S EDUCATION

Defensive Driving:

Point/Insurance Reduction Course

This state-approved, self-evaluation class is designed for drivers who want to improve their driving skills and have up to two violation points removed from their license. Class Location:

A1Peck, 366 Route 46 East, Mine Hill.

#901 @ A1Peck • A1Peck Instructors

1 Session • Sat • Apr 14 • 9:30 am-3:30 pm • \$70

FARMSTEAD ARTS PROGRAMS



Farmstead Arts Center

450 King George Road, Basking Ridge, NJ 07920

www.farmsteadartscenter.org

Call or email for information:

Kathy Harris, Operations Manager

Tel: 908-636-7576

Email: admin@farmsteadarts.org

To purchase tickets and class registration:

www.farmsteadarts.eventbrite.com

Concerts in the Farmhouse

\$15 general admission in advance, \$20 at the door
\$10 seniors, students and Farmstead members

Young Professionals Concert Series:

Soprano Catherine Kelly

Sunday, January 14 at 2 pm

Love is in the Air

Sunday, February 11 at 2 pm
Jimmy Horan, piano; Warren Schein, Singer/Comedian

A Woman's Touch

Sunday, March 18 at 2 pm
Katherine Harris, soprano; Mira Kang, cello;
Allison Brewster Franzetti, piano

FILM & PERFORMING ARTS

Monday Afternoon at the Opera

Explore the stories, characters and music of the great operas with Robert Butts, one of New Jersey's leading opera conductors.

#1001 @ Westfield Memorial Library • Robert Butts
6 Sessions • Mon • Feb 26 • 1-2:30 pm • \$95

Did You Know . . .

The Adult School, a non-profit organization, opened its doors in 1937 and has been serving our community ever since.

Arthouse Film Festival

New, award-winning films from Sundance, Cannes, Tribeca and other film festivals will be screened before release to the public. Q&A session included, and whenever possible, filmmakers and actors will discuss their work and answer questions. Festival runs for 10 weeks and averages 14-17 movies during that time. Students may register for a 5-week session, the entire 10-week series, or opt for a flex ticket which allows you to attend any 8 out of 10 weeks. **Location:** AMC Mountainside Theater, 1021 US-22, Mountainside.

#1002 @ AMC Mountainside • Chuck Rose
10 Sessions • Mon • Mar 5 • 7-9:30 pm • \$265
\$245 if you sign up before March 1

#1003 @ AMC Mountainside • Chuck Rose
8 Sessions • Mon • Mar 5 • 7-9:30 pm • \$235
\$215 if you sign up before March 1

#1004 @ AMC Mountainside • Chuck Rose
5 Sessions • Mon • Mar 5 • 7-9:30 pm • \$159
\$139 if you register before March 1

#1005 @ AMC Mountainside • Chuck Rose
5 Sessions • Mon • Apr 9 • 7-9:30 pm • \$159
\$139 if you sign up before April 5

FIRST AID TRAINING & CPR

ASHI Adult, Child, Infant CPR/AED

Learn how to save a life! In just 3 hours you can learn how to perform Adult, Child, Infant CPR, AED, & choking procedures for all ages. Class includes hands-on skills. 2-year CPR certification card included.

#1101 @ Westfield High School • Melissa Padulsky
1 Session • Mon • Mar 12 • 7-9:30 pm • \$70

Adult/Child/Infant CPR and First Aid Skills

Includes instruction on what to do for victims of choking, heart attacks, bleeding, sprains, burns, hot and cold related emergencies and other sudden illnesses. Must have for parents and coaches! \$29 fee payable to instructor at class for American Red Cross Card.

#1102 @ Madison Civic Center • Donna Sue Downton
1 Session • Sat • Apr 28 • 10 am-4:30 pm • \$180

Babysitting Safety

For ages 11-15. Successful completion of this course entitles students to a 2-year babysitting safety certification card, 2-year CPR certification card, and manual.

#1103 @ Westfield High School • Melissa Padulsky
3 Sessions • Mon • Apr 30 • 7-9 pm • \$90

FOOD & COOKING

Baking & Desserts

Berry Baking

Chocolate Lava Cakes with Raspberry Sauce, Mixed Berry Mascarpone Tart, Blueberry Turnovers, Strawberry-Lemon Shortcakes, Blackberry Clafoutis. \$15 materials fee payable to instructor at class.

#1201 @ Madison Elks Club • Suzanne Lowery
1 Session • Wed • May 9 • 10:30 am-1:30 pm • \$55

Healthy Eating

Easy Breakfast Ideas

Learn how to create a balanced breakfast, with easy on-the-go options to give energy for the day.

#1202 @ Madison Civic Center • Jennifer Luster
1 Session • Thurs • Mar 1 • 1-2:15 pm • \$15

Get Creative with Fruits and Veggies

Learn how to choose seasonal fruits and veggies, prepare them with different methods for a variety of flavors, and how to add fruits and veggies to everyday dishes.

#1203 @ Madison Civic Center • Jennifer Luster
1 Session • Thurs • Apr 5 • 1-2:15 pm • \$15

The Truth About Gluten

May is Celiac Awareness Month and Jenn will explain how to shop and cook for a gluten intolerance or sensitivity and also discuss gluten free diet myths.

#1204 @ Madison Civic Center • Jennifer Luster
1 Session • Thurs • May 3 • 1-2:15 pm • \$15

Donate Now!

Please consider making a tax-deductible donation when you register for a class, via the "Make a Donation" box on our website, or when you return your registration form by mail. Donations in any amount are gratefully accepted.

Appetizers & Main Dishes

Easy Easter

Blue Cheese Snack Straws, Spiced Rubbed Lamb Chops with Minted Brown Butter, Scallion Potato Pancakes, Asparagus-Toasted Almond-Strawberry Spinach Salad, Pineapple Carrot Cakes with Coconut Cream Cheese Frosting. \$15 materials fee payable to instructor at class.

#1205 @ Madison Elks Club • Suzanne Lowery
1 Session • Wed • Mar 21 • 10:30 am-1:30 pm • \$55

Citrus Sensations

Pear-Pomegranate Romaine Salad with Spicy Pecans, Green Beans with Citrus Gremolata, Lemon-Caper Chicken, Orange Whipped Sweet Potatoes, Iced Lemon-Lime Pound Cake. \$15 materials fee payable to instructor at class.

#1206 @ Madison Elks Club • Suzanne Lowery
1 Session • Wed • Apr 18 • 10:30 am-1:30 pm • \$55

Wining & Dining

Wine and Chocolate Pairing

You will learn all about chocolate while tasting several varieties of milk and dark chocolate and sampling different wines to accompany the chocolates. Great for a date-night or a fun evening with friends.

#1207 @ J. Emanuel, 461 B Main St, Chester • Mike Canzano
1 Session • Fri • Mar 23 • 7-9 pm • \$45

Artisan Cheese: A Journey Into Local and European Classics

Local artisan cheese from New York and New Jersey and European classics will be compared and sampled. Explore cheese making history and the importance of terroir (a sense of place.) Wine, beer, and spirit pairings and presenting the perfect cheese course will be discussed.

#1208 @ Westfield High School • Carla Graifer
1 Session • Mon • Apr 9 • 7-9 pm • \$45

#1209 @ Madison High School • Carla Graifer
1 Session • Mon • Apr 23 • 7-9 pm • \$45

HEALTH & WELLNESS

Get it Done: Reach Your Goals in 2018

Using elements of positive psychology, participants will learn goal setting strategies that will increase the likelihood of achieving goals in 2018.

#1301 @ Instructor's Office, 10 Fairmount Ave, Chatham • Cara Maksimow
1 Session • Wed • Feb 28 • 12-1 pm • \$35

Increasing Optimism with Positive Psychology

Instructor will share clinical data showing how higher levels of optimism have been shown to increase productivity, performance, and success, and share information integrating elements of positive psychology into every day with cognitive, behavioral, and positive psychology based tools. \$5 workbook fee payable to instructor.

#1302 @ Instructor's Office, 10 Fairmount Ave, Chatham • Cara Maksimow
3 Sessions • Fri • Mar 2 • 12-1 pm • \$90

Superpower Memory

Learn the secrets of developing a near-photographic memory with very little effort. Discover easy and sure-fire ways to instantly recall names, face, lists and instructions. Workbook included.

#1303 @ Chatham Middle School • Marc Sky
1 Session • Wed • Mar 7 • 6:15-7:45 pm • \$35

#1304 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 16 • 6:15-7:45 pm • \$35

Increasing Optimism Overview

This workshop will provide an overview of positive psychology and offer ways to integrate it into every day life using cognitive, behavioral, and positive psychology based tools.

#1305 @ Instructor's Office, 10 Fairmount Ave, Chatham • Cara Maksimow
1 Session • Thurs • Mar 8 • 7-8:30 pm • \$35

Lose Weight/Stop Smoking with Hypnosis

Your subconscious mind in hypnosis will enable you to gain control over your habits and cravings. Learn a self-hypnosis technique to reinforce the positive hypnotic suggestions learned in class. Bring a small pillow.

#1306 @ Chatham Middle School • Marc Sky
1 Session • Wed • Mar 14 • 8-9:30 pm • \$35

#1307 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 23 • 8-9:30 pm • \$35

Go with Your Gut

Explore how the proliferation of "bad" gut flora affects your health. Discover the current science regarding the positive effects of the balanced microbiome and sample some healthy options.

#1308 @ Chatham Middle School • Kimberly Flynn
1 Session • Wed • Apr 11 • 7-8 pm • \$25

Declutter Your Life & Reduce Stress

When you declutter your mind, the rest will follow. Learn the signs, symptoms and triggers of stress and anxiety and the impact it has on your body. Find ways to feel more empowered, motivated and healthy.

#1309 @ Chatham Middle School • Diane Lang
1 Session • Thurs • Apr 12 • 7-8:30 pm • \$35

Happier, Healthier, and More Productive Mom

Lose the guilt and feel more confident today by integrating mindfulness based stress reduction and positive psychology tools into daily life.

#1310 @ Instructor's Office, 10 Fairmount Ave, Chatham • Cara Maksimow
1 Session • Wed • Apr 18 • 10-11 am • \$35

Coping with Hearing Loss

This workshop is for both people experiencing hearing loss and/or for those around them. Learn strategies and skills to create a more positive communication experience.

#1311 @ Madison High School • Patricia Dobbs
1 Session • Mon • Apr 23 • 7-9 pm • \$40

Developing a Mindset for Success

Learn insights and exercises into how top entrepreneurs, athletes, and professionals develop their mindset for attracting success and abundance into their lives.

#1312 @ Madison Civic Center • James Stedman
1 Session • Thurs • May 24 • 7-8:30 pm • \$35

Finding Your Passion

Discover your purpose/passion by identifying your top skills and strengths. Utilizing a personality assessment tool, you will identify your preferred learning style enabling you to pursue a path that leads to greater satisfaction and fulfillment.

#1313 @ Farmstead Arts Center • Diane Lang
1 Session • Mon • May 21 • 7-8:30 pm • \$35

Mindfulness

Mindfully Happy: Waking Up to Life

You will learn ways to make meditation part of your life and to live your authentic life by finding out your value system. Discover how to find happiness and by defining happiness for yourself.

#1314 @ Westfield High School • Diane Lang
2 Sessions • Mon • May 7 • 7-8:30 pm • \$70

Mindfulness for Better Decisions

Learn mindfulness techniques to avoid mind traps and enable good problem solving.

#1315 @ Ridgedale MS • Evelyn Callahan, Psy. D
3 Sessions • Wed • Mar 14 • 7-8:30 pm • \$105

Meditation

Learn to Meditate

Find out how to fit an enjoyable meditation practice into your present lifestyle and learn time-tested methods for improving mindfulness, concentration and happiness.

#1316 @ Studio Yoga, 2 Green Village Rd, Madison • Studio Yoga Instructors
4 Sessions • Sun • Mar 4 • 2-3:30 pm • \$82

#1317 @ Westfield High School • Dharmachakra Buddhist Center Instructors
4 Sessions • Mon • Apr 16 • 8-9:30 pm • \$56

Morning Meditation

Find out how to fit an enjoyable meditation practice into your present lifestyle and find peace within. No prior experience necessary.

#1318 @ Studio Yoga, 2 Green Village Rd, Madison • Studio Yoga Instructors
5 Sessions • Mon • Mar 5 • 10-11:15 am • \$82

Evening Meditation

Explore four simple Buddhist meditations for cultivating a calm, clear and focused mind free from worry, fear, and unnecessary chatter. No prior experience necessary.

#1319 @ Studio Yoga, 2 Green Village Rd, Madison • Studio Yoga Instructors
5 Sessions • Wed • Mar 7 • 7:50-8:50 pm • \$82

Know Your Spiritual Guides and Angels

Learn how to relax, meditate and develop the innate intuitive abilities to visualize and communicate with angels, archangels and guides.

#1320 @ Madison Civic Center • Irene Sonja Fanane
1 Session • Tues • Mar 13 • 7-8:15 pm • \$25

Reiki

Introduction to Reiki and the Reiki Healing Circle

Reiki reduces stress, strengthens the immune system, relieves pain, increases energy and promotes health. Includes an introduction to Reiki, a guided meditation and chair Reiki treatments.

#1321 @ Joy of Balance Studio, 155 Overhill Way, Berkeley Heights • Tatyana Sierant
1 Session • Wed • Apr 4 • 6-7:30 pm • \$25

Reiki Level 1 Self-Empowerment Certification Course

Students will receive attunements to the Reiki energy and special meditations to access their intuitive inner wisdom for guidance and clarity. Upon completion, students will be certified to give Reiki treatments.

#1322 @ Joy of Balance Studio, 155 Overhill Way, Berkeley Heights • Tatyana Sierant
4 Sessions • Mon & Wed • Apr 9 • 6:30-9 pm • \$180

Self Defense

Kick-Boxing Self-Defense

Improve stamina, strength, and coordination through an aerobic kickboxing workout that utilizes realistic martial art techniques.

#1323 @ Madison Civic Center • Tom Cantillon
8 Sessions • Wed • Mar 7 • 7-8:30 pm • \$126

Give the Gift of Learning . . .

Consider a gift certificate to **The Adult School**.

Allow friends or family to take a trip, learn a new

skill or hobby, make new

friends and have fun.

Call us at 973-443-9222.



**The
Adult
School**

HOME & GARDEN

Design

Interior Design Part I

Learn to decorate a room like a professional, using the five design elements of style, function, color, balance, and scale. Instructor is a Certified Interior Designer.

#1401 @ Chatham Middle School • Elizabeth Humphry
5 Sessions • Wed • Feb 28 • 7-8:30 pm • \$100

Interior Design Part II

Further exploration of space planning, color theory and drafting. Requires project boards and presentation of students personal projects in class. Prerequisite: *Interior Design 1*. Instructor is a Certified Interior Designer.

#1402 @ Chatham Middle School • Elizabeth Humphry
6 Sessions • Wed • Apr 11 • 7-8:30 pm • \$120

Organization

Finding Your Organizing Style

Did you know that every person organizes differently? Find out your learning style and how to navigate the world better with tips and tricks specifically designed for you.

1403 @ Westfield High School • Amara Willey
1 Session • Mon • Mar 19 • 7-9 pm • \$35

#1404 @ Madison High School • Amara Willey
1 Session • Wed • Mar 28 • 7-9 pm • \$35

Outdoor Gardening

Spring Gardening Series

Gardeners will leave each class with a wealth of information. Series includes the following six classes. Register for the series and receive a free 1-hour gardening consultation at your home.

#1405 @ Madison High School • Marc Zukovich
6 Sessions • Tues • Mar 27 • 6:30-8:30 pm • \$160

Spring Pruning Rules and Techniques

Learn which ornamental trees and shrubs should be pruned in spring and the best techniques for doing so.

#1406 @ Madison High School • Marc Zukovich
1 Session • Tues • Mar 27 • 6:30-8:30 pm • \$30

Soil and Fertilization Practices

Tips for gardeners on improving existing soil and addressing the nutrient needs of plants and grass.

#1407 @ Madison High School • Marc Zukovich
1 Session • Tues • Apr 3 • 6:30-8:30 pm • \$30

Planning a Mixed Border

Use trees, shrubbery and perennials in combination to provide multi-season interest.

#1408 @ Madison High School • Marc Zukovich
1 Session • Tues • Apr 17 • 6:30-8:30 pm • \$30

Gardening in Deer Country

Learn the various groups of plants that deer avoid, as well as information about various deer repellents, fencing, and other strategies to keep deer out of your garden.

#1409 @ Madison High School • Marc Zukovich
1 Session • Tues • Apr 24 • 6:30-8:30 pm • \$30

Ornamental Grasses: Their Uses and Care

Find out about these valuable, deer resistant and easily maintained assets that provide textural contrast, winter interest, movement and sound.

#1410 @ Madison High School • Marc Zukovich
1 Session • Tues • May 1 • 6:30-8:30 pm • \$30

Hydrangeas for all Gardens

These large, long-blooming flowers have a starring role in the summer and fall garden. Learn about the many varieties, their needs, and care.

#1411 @ Madison High School • Marc Zukovich
1 Session • Tues • May 8 • 6:30-8:30 pm • \$30

Real Estate

Home Inspection for Sellers & Buyers

Learn all about home inspection from a professional who will provide a virtual tour of a home and explain the particulars of a comprehensive inspection. Intended for buyers and sellers. Spouses attend free.

#1412 @ Madison High School • Robert Fico
1 Session • Mon • Feb 26 • 7-9 pm • \$25

#1413 @ Westfield High School • Robert Fico
1 Session • Mon • Apr 9 • 7-9 pm • \$25

Home Buying 101

Find out about the home buying process from viewing your first listing, bidding, inspections and closing the sale. Spouses attend free.

#1414 @ Madison High School • Irina Grobman
1 Session • Mon • Feb 26 • 7-9 pm • \$25

Sell Your Home Fast

This class will cover pricing, staging and overall impression, accessibility, and marketing of your home so that it sells quickly. Spouses attend free.

#1415 @ Madison High School • Irina Grobman
1 Session • Mon • Mar 5 • 7-9 pm • \$25

Setting the Stage to Sell Your Home

Making a good first impression can mean a fast sale instead of a long ordeal of repeated showings, hassles and price reductions. Learn valuable tips that will cost little but may make a big difference in your net return. Spouses attend free.

#1416 @ Madison High School • Suzy Kass
1 Session • Mon • Mar 19 • 7-8:30 pm • \$25

#1417 @ Westfield High School • Maryalice Ryan
1 Session • Mon • Apr 16 • 7-9 pm • \$25

LANGUAGE SKILLS

Please note, some instructors require the purchase of a book. Please check the FAQ section of our website for a list of textbooks for each class.

Individual Instruction

One-on-One Language Instruction

#1501 • Date, Time & Location to Be Arranged • \$60/hr

Accent Reduction

Accent Reduction

Students will improve speech confidence and communication skills through modified pronunciation, rhythm, and intonation. Each student will be given an individual assessment.

#1502 @ Madison High School • Colleen Geier
6 Sessions • Wed • May 2 • 7-8 pm • \$95

Chinese – Mandarin

Beginning Chinese I

#1503 @ Madison High School • Jen Liu
10 Sessions • Tues • Feb 27 • 6-7 pm • \$125

Beginning Chinese II/III

#1504 @ Madison High School • Jen Liu
10 Sessions • Tues • Feb 27 • 7-8 pm • \$125

ESL – Madison Location

English as a Second Language

Beginning ESL

#1505 @ Madison Elks Lodge • Linda Lopez
10 Sessions • Tues • Feb 27 • 9-10 am • Free

#1506 @ Madison High School • Linda Lopez
10 Sessions • Tues • Feb 27 • 6-7 pm • Free

Intermediate ESL

#1507 @ Madison Elks Lodge • Linda Lopez
10 Sessions • Tues • Feb 27 • 10-11 am • Free

#1508 @ Madison High School • Linda Lopez
10 Sessions • Tues • Feb 27 • 7-8 pm • Free

Advanced ESL

#1509 @ Madison Elks Lodge • Linda Lopez
10 Sessions • Tues • Feb 27 • 11 am-12 pm • Free

#1510 @ Madison High School • Linda Lopez
10 Sessions • Tues • Feb 27 • 8-9 pm • Free

ESL – Summit Location

English as a Second Language

Intermediate/Advanced ESL

#1511 @ Summit Free Public Library • Patricia Palermo
8 Sessions • Wed • Mar 7 • 7-9 pm • Free

Accent Reduction

Group instruction of spoken American English with the goal of improving communication.

#1512 @ Summit Free Public Library • Miriam Senator
10 Sessions • Fri • Feb 23 • 1-2 pm • Free

ESL – Westfield Location

English as a Second Language

Prior to registration, please review detailed descriptions of levels (available on our website) and register for ONE LEVEL only. First class for all levels will be an orientation and placement test and will take place 6:45-9 pm on March 19. Following first class, instructors will move students to different levels if necessary. All remaining classes take place 7-8:30 pm.

Beginning ESL – Level 1

#1513 @ Westfield High School • ESL Team
8 Sessions • Mon • Mar 19 • 7-8:30 pm • Free

Beginning ESL – Level 2

#1514 @ Westfield High School • ESL Team
8 Sessions • Mon • Mar 19 • 7-8:30 pm • Free

Beginning ESL – Level 3

#1515 @ Westfield High School • ESL Team
8 Sessions • Mon • Mar 19 • 7-8:30 pm • Free

Intermediate ESL

#1516 @ Westfield High School • ESL Team
8 Sessions • Mon • Mar 19 • 7-8:30 pm • Free

Advanced ESL

#1517 @ Westfield High School • ESL Team
8 Sessions • Mon • Mar 19 • 7-8:30 pm • Free

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Thank You . . .

Special thanks to the Rotary Club of Madison, Investors Foundation, Westfield Foundation and the Madison Elks Lodge for their generous grants to support our ESL classes.

French – Daytime Classes

For French classes taken with instructor Aneta Mascaro, please see www.ourlanguagecorner.com for more information.

Beginning French I

#1518 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Fri • Mar 2 • 10-11 am • \$125

Beginning French II

#1519 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Mon • Feb 26 • 12:15-1:15 pm • \$125

Beginning French III

#1520 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Fri • Mar 2 • 9-10 am • \$125

Beginning French IV

#1521 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Mon • Feb 26 • 9-10 am • \$125

Intermediate French I

#1522 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Mon • Feb 26 • 11:15 am-12:15 pm • \$125

#1523 @ Madison Civic Center • Edwige Marion
10 Sessions • Thurs • Mar 1 • 9-10 am • \$125

Intermediate French II

#1524 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Mon • Feb 26 • 10-11 am • \$125

Intermediate French II

#1525 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Fri • Mar 2 • 11 am-12 pm • \$125

Intermediate French Conversation

#1526 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Fri • Mar 2 • 12-12:30 pm • \$63

Advanced French Conversation

#1527 @ Madison Civic Center • Edwige Marion
10 Sessions • Thurs • Mar 1 • 10-11 am • \$125

Advanced French Grammar

#1528 @ Madison Civic Center • Edwige Marion
10 Sessions • Thurs • Mar 1 • 11 am-12 pm • \$125

French – Evening Classes

For French classes taken with instructor Aneta Mascaro, please see www.ourlanguagecorner.com for more information.

Beginning French I

#1529 @ Westfield High School • William Dobrow
10 Sessions • Mon • Feb 26 • 7-8 pm • \$125

#1530 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Thurs • Mar 1 • 8-9 pm • \$125

Beginning French II

#1531 @ Westfield High School • William Dobrow
10 Sessions • Mon • Feb 26 • 8-9 pm • \$125

Beginning French III

#1532 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Thurs • Mar 1 • 7-8 pm • \$125

Beginning French IV

#1533 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Wed • Feb 28 • 8-9 pm • \$125

Intermediate French I

#1534 @ Madison High School • Aneta Mascaro
10 Sessions • Mon • Feb 26 • 7-8 pm • \$125

Intermediate French II

#1535 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Wed • Feb 28 • 7-8 pm • \$125

German – Daytime Classes

Beginning German I

#1536 @ Madison Civic Center • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 12-1 pm • \$125

Beginning German II

#1537 @ Madison Civic Center • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 1:30-2:30 pm • \$125

Beginning German III

#1538 @ Madison Civic Center • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 9-10 am • \$125

Intermediate German

#1539 @ Madison Civic Center • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 2:30-3:30 pm • \$125

Advanced German

#1540 @ Madison Civic Center • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 10:30 am-12 pm • \$150

German – Evening Classes

Beginning German I

#1541 @ Westfield High School • RoseMarie Johnson
10 Sessions • Mon • Feb 26 • 6-7 pm • \$125

#1542 @ Madison High School • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 7:30-8:30 pm • \$125

#1543 @ Bernardsville Public Library • RoseMarie Johnson
10 Sessions • Wed • Feb 28 • 8-9 pm • \$125

Beginning German II

#1544 @ Madison High School • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 8:30-9:30 pm • \$125

#1545 @ Bernardsville Public Library • RoseMarie Johnson
10 Sessions • Wed • Feb 28 • 6-7 pm • \$125

Intermediate German

#1546 @ Westfield High School • RoseMarie Johnson
10 Sessions • Mon • Feb 26 • 8:30-9:30 pm • \$125

#1547 @ Madison High School • RoseMarie Johnson
10 Sessions • Tues • Feb 27 • 6:30-7:30 pm • \$125

#1548 @ Bernardsville Public Library • RoseMarie Johnson
10 Sessions • Wed • Feb 28 • 7-8 pm • \$125

Advanced German

#1549 @ Westfield High School • RoseMarie Johnson
10 Sessions • Mon • Feb 26 • 7-8:30 pm • \$150

Hindi – Daytime Classes

Beginning Hindi I

#1550 @ Madison Civic Center • Vandana Gupta
10 Sessions • Mon • Mar 5 • 9-10 am • \$125

Advanced Hindi II

#1551 @ Madison Civic Center • Vandana Gupta
10 Sessions • Mon • Mar 5 • 10-11 am • \$125

Advanced Hindi III

#1552 @ Madison Civic Center • Vandana Gupta
10 Sessions • Mon • Mar 5 • 11 am-12 pm • \$125

Italian – Daytime Classes

For Italian classes taken with instructor Aneta Mascaro, please see www.ourlanguagecorner.com for more information.

Beginning Italian I

#1553 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Tues • Feb 27 • 1:15-2:15 pm • \$125

Beginning Italian II

#1554 @ Farmstead Arts Center • Mary Kessler
10 Sessions • Mon • Feb 26 • 10-11 am • \$125

#1555 @ Madison Community House • Matilda Secci
10 Sessions • Tues • Feb 27 • 1-2 pm • \$125

Beginning Italian III

#1556 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Tues • Feb 27 • 11 am-12 pm • \$125

Beginning Italian IV

#1557 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Tues • Feb 27 • 12-1 pm • \$125

Intermediate Italian I

#1558 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Tues • Feb 27 • 9-10 am • \$125

Intermediate Italian II

#1559 @ Madison Civic Center • Aneta Mascaro
10 Sessions • Tues • Feb 27 • 10-11 am • \$125

Advanced Italian

#1560 @ Madison Community House • Matilda Secci
5 Sessions • Tues • Apr 3 • 12-1 pm • \$63

Lettura e Conversazione

#1561 @ Madison Civic Center • Matilda Secci
10 Sessions • Tues • Feb 27 • 10-11:30 am • \$150

Italian Verbs

#1562 @ Madison Community House • Matilda Secci
5 Sessions • Tues • Feb 27 • 12-1 pm • \$63

Italian – Evening Classes

Beginning Italian I

#1563 @ Westfield High School • Filippo Secci
10 Sessions • Mon • Feb 26 • 6:30-7:45 pm • \$125

#1564 @ Farmstead Arts Center • Mary Kessler
10 Sessions • Mon • Feb 26 • 7-8 pm • \$125

#1565 @ Madison Civic Center • Frank Cifelli
10 Sessions • Wed • Mar 7 • 6:30-7:30 pm • \$125

Beginning Italian II

#1566 @ Madison Civic Center • Frank Cifelli
10 Sessions • Wed • Mar 7 • 7:30-8:30 pm • \$125

Intermediate Italian I

#1567 @ Westfield High School • Filippo Secci
10 Sessions • Mon • Feb 26 • 7:45-9 pm • \$125

#1568 @ Madison Junior School • Matilda Secci
10 Sessions • Wed • Feb 28 • 6:30-7:30 pm • \$125

Intermediate Italian II

#1569 @ Madison Junior School • Matilda Secci
10 Sessions • Wed • Feb 28 • 7:30-8:30 pm • \$125

Intermediate Italian III

#1570 @ Madison High School • Matilda Secci
10 Sessions • Tues • Feb 27 • 6:30-7:30 pm • \$125

Advanced Italian

#1571 @ Madison High School • Matilda Secci
10 Sessions • Mon • Feb 26 • 6-7 pm • \$125

Lettura e Conversazione

#1572 @ Madison High School • Matilda Secci
10 Sessions • Mon • Feb 26 • 7-8:30 pm • \$150

Italian Verbs

#1573 @ Madison High School • Matilda Secci
5 Sessions • Tues • Feb 27 • 7:30-8:30 pm • \$65

Have a Question About the Appropriate Language Level?

Call The Adult School office at
973-443-9222 and we will put you in
touch with the appropriate instructor.

Japanese

Beginning Japanese I

#1574 @ Chatham Middle School • Curtis Wright
10 Sessions • Wed • Feb 28 • 6:30-7:30 pm • \$125

Beginning Japanese II

#1575 @ Chatham Middle School • Curtis Wright
10 Sessions • Wed • Feb 28 • 7:45-8:45 pm • \$125

Upper Beginning Japanese II

#1576 @ Chatham Middle School • Curtis Wright
10 Sessions • Thurs • Mar 1 • 6:30-7:30 pm • \$125

Intermediate Japanese I

#1577 @ Chatham Middle School • Curtis Wright
10 Sessions • Thurs • Mar 1 • 7:45-8:45 pm • \$125

Russian

Beginning Russian I

#1578 @ Madison Civic Center • Tatiana Ivanova
10 Sessions • Tues • Mar 27 • 10-11 am • \$125

#1579 @ Madison Civic Center • Tatiana Ivanova
10 Sessions • Tues • Mar 27 • 7:30-8:30 pm • \$125

Sign Language

Beginning American Sign Language: ASL I

#1580 @ Madison High School • Diane Montemorano
8 Sessions • Tues • Feb 27 • 6:30-7:45 pm • \$115

Spanish – Daytime Classes

Beginning Spanish I

#1581 @ Madison Civic Center • Linda Lopez
10 Sessions • Mon • Feb 26 • 9-10 am • \$125

Beginning Spanish II

#1582 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 1:30-2:30 pm • \$125

Beginning Spanish III

#1583 @ Madison Civic Center • Linda Lopez
10 Sessions • Mon • Feb 26 • 11 am-12 pm • \$125

Beginning Spanish IV

#1584 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 9-10 am • \$125

Beginning Spanish V

#1585 @ Madison Civic Center • Linda Lopez
10 Sessions • Mon • Feb 26 • 10-11 am • \$125

Intermediate Spanish II

#1586 @ Madison Civic Center • Linda Lopez
10 Sessions • Mon • Feb 26 • 1:30-2:30 pm • \$125

Intermediate Spanish III

#1587 @ Madison Civic Center • Linda Lopez
10 Sessions • Mon • Feb 26 • 12:30-1:30 pm • \$125

Intermediate Spanish Review

#1588 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 12:30-1:30 pm • \$125

Intermediate Spanish Conversation

#1589 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 10-11:30 am • \$150

Spanish – Evening Classes

Beginning Spanish I

#1590 @ Westfield High School • Gail Soltysik
7 Sessions • Mon • Feb 26 • 6:30-8 pm • \$130

#1591 @ Marriott Courtyard Basking Ridge • Linda Lopez
10 Sessions • Wed • Feb 28 • 7-8 pm • \$125

#1592 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 6-7 pm • \$125

Beginning Spanish II

#1593 @ Marriott Courtyard Basking Ridge • Linda Lopez
10 Sessions • Wed • Feb 28 • 6-7 pm • \$125

#1594 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 8-9 pm • \$125

#1595 @ Westfield High School • Gail Soltysik
6 Sessions • Mon • Apr 23 • 6:30-8:15 pm • \$130

Beginning Spanish III

#1596 @ Marriott Courtyard Basking Ridge • Linda Lopez
10 Sessions • Wed • Feb 28 • 8-9 pm • \$125

#1597 @ Madison Civic Center • Linda Lopez
10 Sessions • Thurs • Mar 1 • 7-8 pm • \$125

LITERATURE & WRITING

Literature

Books You Wish You Remembered Better from High School

Re-read some of those classics you last read in high school, only now with no essays, quizzes, or tests. We'll decide together what texts to examine.

#1601 @ Short Stories, 23 Main Street, Madison • Chris Nugent

10 Sessions • Tues • Feb 27 • 12:30-2 pm • \$105

Read Paradise Lost in 10 Weeks

Heaven! Hell! Sin! Milton's epic is as relevant today as the year he wrote it. Join us to explore its connections.

#1602 @ Short Stories, 23 Main Street, Madison • Chris Nugent

10 Sessions • Wed • Feb 28 • 12:30-2 pm • \$105

Poetry

Poetry Workshop: Ekphrastic Writing

Learn to craft poems inspired by artwork. Students will be given writing prompts and use their imaginations to describe and speak to, or for, the silent work of art. Bring pen and notebook to class.

#1603 @ Madison Civic Center • Deborah Gerrish
3 Sessions • Wed • Mar 14 • 10-11:30 am • \$65

Poetry Workshop: The Country Road, the Journey, and On the Road Again

This class will focus on writing prompts based on personal experience through the five senses. The emphasis will highlight one's personal journey and travels through writing prompts and close observation. Bring pen and notebook to class.

#1604 @ Madison Civic Center • Deborah Gerrish
3 Sessions • Wed • Apr 11 • 10-11:30 am • \$65

Stay Connected!

Make sure you **Like Us on Facebook** to get special announcements about our classes, weather cancellations and other important information.

Poetry Workshop: Hitting Pause through the Art of Attention

Read contemporary poets and learn strategies to craft your own poems. You will be provided with inspiring discussion and writing prompts to open new windows of imagination on your writing journey. Bring pen and notebook to class.

#1605 @ Madison Civic Center • Deborah Gerrish
3 Sessions • Wed • May 2 • 10-11:30 am • \$65

Writing

Writing Your Personal Memoir

Learn step by step procedures in getting started and becoming self-published. You will then spend some time writing before coming back to class on April 11 where you will share your writing and get feedback.

#1606 @ Ridgedale Middle School • Louis Alexander
3 Sessions • Wed • Feb 28 • 7-9 pm • \$80

Creative Writing: The Writer Within

Learn how to create an outline, develop interesting characters, dialogue and plots. Will also discuss finding an agent and self-publishing. Bring your ideas and be prepared to write.

#1607 @ Madison Civic Center • Tom Cantillon
10 Sessions • Thurs • Mar 1 • 7-9 pm • \$130

#1608 @ Westfield High School • Tom Cantillon
9 Sessions • Mon • Mar 5 • 7-9 pm • \$117

Creating a New Media Children's Book: In Print and E-Book Form

Learn basic writing and drawing skills needed to create a library quality book. Each student will produce a professionally typeset and bound, hardcover book. \$70 bookbinding and materials fee payable to instructor at first class.

#1609 @ Madison Civic Center • Duncan Ewald
6 Sessions • Wed • Apr 4 • 7:30-9:30 pm • \$85

MINICOURSES

Drew University Minicourses

Co-sponsored by Friends of the Madison Public Library
Each course is a five-week, two-hour lecture.

Cost: \$95 per course, \$65 for each additional course

Location: Chase Room at the Madison Public Library

Course Registration: www.drewminicourses.org

The Great War and Modern Memory

Mon • Jan 29-Feb 26 • 1:30-3:30 pm •

Dr. William Rogers

Natural Beauty and the Appreciation of Natural Environments

Tues • Jan 30-Feb 27 • 10 am-12 pm • *Dr. Erik Anderson*

Exploring Beethoven

Tues • Jan 30-Feb 27 • 1:30-3:30 pm • *Dr. Robert Butts*

Great Leaders and Political Ideas from Ancient Greece and Rome

Wed • Jan 31-Feb 28 • 10 am-12 pm • *Dr. John Lenz*

Music from the Films of Alfred Hitchcock

Tues • Apr 3-May 1 • 1:30-3:30 pm • *Dr. Robert Butts*

Using Poetry as Access to the Universal

Wed • Apr 4-May 2 • 1:30-3:30 pm • *Dr. Sean Nevin*

MUSIC

Entry Level Guitar: Fundamentals

A very easy beginner's method. You will learn how to read notes, string by string, and play chords all over the neck using blues progressions and Beatles tunes. Bring acoustic guitar and pick. Book fee \$12.

#1701 @ Chatham Middle School • Noel Wollman

8 Sessions • Mon • Feb 26 • 7:15-8:15 pm • \$125

Piano

For Placement questions please email the Adult School.

Piano I

Learn the keyboard and acquire the skills necessary to perform including notation, rhythmic variations, chords and techniques for playing duets. Bring keyboard to class. Materials fee \$25.

#1702 @ Chatham MS • Gilda Carmel Spielberg

7 Sessions • Mon • Apr 16 • 7-8:15 pm • \$125

Piano II

Piano II is for those students who have taken Piano I, piano lessons in the past, and/or have some piano playing experience. Bring keyboard to class. Materials fee \$25.

#1703 @ Chatham MS • Gilda Carmel Spielberg

7 Sessions • Mon • Apr 16 • 8:15-9:30 pm • \$125

Individual Instruction

One-on-One Vocal/Singing Lessons

#1704 • Date, Time & Location to Be Arranged • \$60/hr

Performance Groups

Metropolitan Orchestra of NJ

A symphony orchestra composed of local musicians, both professional and amateur. New members are welcome. For more information, contact Eve Pomerantz at eve_pomerantz@yahoo.com. Concerts on March 18 and June 10 at Madison High School.

#1705 @ Chatham Middle School • Michael Stratechuk

Rehearsals on Mondays • 7:30-9:30 pm • \$50

Chatham Community Band

People of all ages can refresh or continue their instrumental music skills year-round. Minimum proficiency with an instrument is required. Call director Brian Conti to join at 973-635-0956. Concert on May 6 at Chatham Middle School.

#1706 @ Chatham High School • Brian Conti

Rehearsals on Tuesdays • 7:30-9 pm • \$40

Chatham Big Band

Join us if you have a horn in the closet, are a "come back player" or an advanced level musician with a day job and you want to gain experience in the study and performance of big-band style swing and jazz arrangements. Contact cbbbigband@gmail.com or phone Ed Beales at 201-414-6551.

#1707 @ Chatham Middle School • Edward Beales

Rehearsals on Thursdays • 7-9 pm • \$75

ONLINE LEARNING

Ed 2 Go Online Courses

Online classes include: Computers, Languages, Photography and more! Classes as low as \$99 and new classes begin monthly! **Note:** Register for these classes online directly through Ed2Go at <http://www.ed2go.com/tas> or call 800-701-8755.

Questions? Call the Adult School at 973-443-9222.

Too Busy to Take a Class in Person?

Try one of our many online courses
and take classes through Ed 2 Go.

PARENTING & FAMILY

A Parent's Guide to Compassionate Discipline: 7 Steps to Raising Happy, Cooperative Kids

This class helps parents with kids who don't listen and talk back. Learn how to avoid chaos, repair relationships and show how cooperation and peace can run the show in your family.

#1801 @ Ridgedale Middle School • Cindy Marvin

1 Session • Wed • Mar 21 • 7-8:30 pm • \$35

#1802 @ Ridgedale Middle School • Cindy Marvin

1 Session • Wed • May 2 • 7-8:30 pm • \$35

The Parent Trap: Technology, Video Games, Social Networking – What to Do

Identify 5 traps that impact parenting. Learn effective techniques that will support your child and give you age appropriate suggestions for various common situations that parents routinely face. No additional charge for partners.

#1803 @ Ridgedale Middle School • Cindy Marvin

1 Session • Wed • Apr 25 • 7-8:30 pm • \$35

#1804 @ Ridgedale Middle School • Cindy Marvin

1 Session • Wed • May 16 • 7-8:30 pm • \$35

PHOTOGRAPHY

How to Operate Your Digital Camera

This hands-on workshop is for the technically-challenged student. Bring your camera, manual and questions to class. Learn how to operate your camera beyond the default Automatic mode.

#1901 @ Westfield High School • Brien Szabo

1 Session • Mon • Feb 26 • 7:30-9 pm • \$40

Make the Most of Your Digital Camera: Part 1

This class will improve your understanding of your digital camera's capabilities. Learn about using your flash, different types of media storage and megapixels. Bring your digital camera to class.

#1902 @ Westfield High School • Brien Szabo

3 Sessions • Mon • Mar 5 • 7:30-9 pm • \$80

Make the Most of Your Digital Camera: Part 2

This class will expand on some of the themes from Part 1. Students will explore metering and how to better evaluate light to make the best exposure possible, expand upon basic themes of composition and examine the elements that go into seeing and creating dynamic images.

#1903 @ Westfield High School • Brien Szabo

2 Sessions • Mon • Mar 26 • 7:30-9 pm • \$54

Intermediate DSLR Photography

Learn to use your professional, exchangeable lens, DSLR camera like a professional using your own photos as real-world examples. Through hands-on interactive sessions, you will learn about digital SLR basics, dial setting, metering lenses, filters, flashes, composition and photo editing.

#1904 @ Westfield High School • Herb August

6 Sessions • Mon • Apr 9 • 7-9 pm • \$120

SPIRITUAL

Stop Smoking/Lose Weight with Hypnosis

See Health & Wellness section on page 18 for class details.

Psychic Reading

You will have your palm read and find out all about love, business, relationships and more. Group and individual readings. Note: your numerology chart is prepared in advance. Please provide first and last name and birth date when registering.

#2001 @ Chatham Middle School • Marc Sky
1 Session • Mon • Mar 5 • 6:15-7:45 pm • \$35

#2002 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 9 • 6:15-7:45 pm • \$35

Spirit Encounters: Communicating with Loved Ones

Guided, out-of-body experiences enable you to visit friends, family members, even pets. Talk and ask questions to them, connect and relive happy times. \$10 materials fee payable to instructor.

#2003 @ Chatham Middle School • Marc Sky
1 Session • Mon • Mar 5 • 8-9:30 pm • \$35

#2004 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 9 • 8-9:30 pm • \$35

Reliving Past Lives

Many people feel that they have lived before as someone else. Many of our present day problems may be traced to a life that may have existed before our time. Using self-hypnosis, discover some interesting things that could help improve your life. Bring a pillow and mat to class.

#2005 @ Chatham Middle School • Marc Sky
1 Session • Wed • Mar 7 • 8-9:30 pm • \$35

#2006 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 16 • 8-9:30 pm • \$35

Amazing Psychic Powers

Discover how to send and receive thoughts, get answers to questions about your future, move objects with your mind and more in this fun, informative and entertaining workshop.

#2007 @ Chatham Middle School • Marc Sky
1 Session • Wed • Mar 14 • 6:15-7:45 pm • \$35

#2008 @ Westfield High School • Marc Sky
1 Session • Mon • Apr 23 • 6:15-7:45 pm • \$35

SPORTS & FITNESS

Barre & Pilates

Barre Sculpt

The unique combination of high-energy cardio, strengthening and stretching results in a long, lean flexible body. Class Location: **Studio Yoga, 2 Green Village Rd, Madison.**

#2101 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Sat • Mar 3 • 1:45-2:45 pm • \$72

Jeni-Barre

Reshape your body through muscle isolation exercises at a ballet barre. Create long, lean muscles, rev your metabolism, burn fat, and improve posture and flexibility. Class Location: **Jeni-Fit Studios, 345 South Ave, Garwood.**

#2102 @ Jeni-Fit Studios • Jeni-Fit Instructor
5 Sessions • Mon • Mar 5 • 9:15-10:15 am • \$72

Fitness

Simpler, Safer Core Training

Did you know sit-ups and crunches are the worst exercise for your body and lead to lower back pain? Learn the importance of "core" and discover safer options and exercises that eliminate strain on the lower back.

#2103 @ Moment Institute Physical Therapy and Fitness, 42 Cook Ave, Madison • Brad Sims, CPT
1 Session • Tues • Feb 27 • 7-8 pm • \$20

#2104 @ Moment Institute Physical Therapy and Fitness, 42 Cook Ave, Madison • Brad Sims, CPT
1 Session • Tues • Mar 27 • 7-8 pm • \$20

Jeni-Fit Ride 45: Indoor Cycling Workout

Track the calories you burn and the power you produce in this state-of-the-art indoor cycling class. Cardio and strength at once. Great for all fitness levels.

#2105 @ Jeni-Fit Studios, 345 South Avenue, Garwood • Jeni-Fit Instructor
5 Sessions • Tues • Mar 6 • 7:45-8:30 pm • \$72

Jen-Fit Outdoor Bootcamp: All Levels

Outdoor fitness is exhilarating both mentally and physically. Lose weight and improve fitness with interval training that combines cardio conditioning and strength training.

#2106 @ Jen-Fit Studios, 345 South Avenue, Garwood • Jen Fit Instructor
5 Sessions • Fri • Mar 9 • 9:15-10:15 am • \$72

Jeni-Fit Boxing Bootcamp

Burn more than 600 calories while having fun. Strengthen and tone while building endurance. This class mixes intervals of boxing and heavy bags and plyometrics.

#2107 @ Jeni-Fit Studios, 345 South Avenue, Garwood • Jeni-Fit Instructor
5 Sessions • Sat • Mar 10 • 8-9 am • \$72

Walking for Fitness

The focus will be on endurance (time on your feet and pace). Walks will be outdoors – all weather – from three to five miles and a cool down afterwards.

Mondays and Fridays at 75 Kitchell Road, Morristown
Wednesdays at 223 Loantaka Way, Chatham Township
#2108 @ Loantaka Park • Betsy Robertson
15 Sessions • M, W & F • Mar 19 • 9-10:30 am • \$100

#2109 @ Loantaka Park • Betsy Robertson
15 Sessions • M, W & F • Apr 23 • 9-10:30 am • \$100

Hiking, Health and Inner Peace

Price includes one classroom session on March 29 and four Saturday hikes of your choosing scheduled between April 7 and June 9 in the NJ/NY area. See benefits in weight management, muscle tone and cardiovascular health while adding harmony to your life.

#2110 @ Madison High School • Doug Gould
1 Session • Thurs • Mar 29 • 7-7:45 pm • \$65

Rappelling

Safely control your roped descent from the top of a cliff using special equipment. Redundant safety measures will be employed. Instruction includes rope handling, knots and techniques for several rappelling methods. An optional 130 foot rappel will end the outdoor session. Event date is July 21, rain date July 22.

#2111 @ Madison High School • Doug Gould
1 Session • Thurs • Mar 29 • 8:30-9 pm • \$85

Are You Interested in Becoming an Instructor?

If you are interested in teaching a class, email us at tasinfo@theadultschool.org

Golf

Spring Golf Warm-Up

Get an early jump start on the golf season and learn the fundamentals of golf. Stay warm during practice, it will be held in a covered heated booth at the driving range. Golf balls not included.

#2112 @ Anchor Golf Center, 21 Route 10 East, Whippany • Lou Ruina
4 Sessions • Sat • Mar 10 • 10:30 am-12 pm • \$140

1-Hour Golf Clinics: All Three

Try all three or one our one-hour clinics to reduce your score and improve your game. Golf balls not included. First class meets at **East Orange Golf Course, Parsonage Hill Road, Short Hills;** remaining two classes meet at **Millburn Municipal Golf Course, White Oak Ridge Road, Short Hills.**

#2113 @ East Orange Golf Course • Lou Ruina
3 Sessions • Mon • Apr 9 • 6-7 pm • \$95

Golf Clinic 1: Use Your Driver More Effectively

Your driver is one of the most important clubs in your bag. Golf balls not included.

#2114 @ East Orange Golf Course • Lou Ruina
1 Session • Mon • Apr 9 • 6-7 pm • \$35

Golf Clinic 2: Pitching

A difficult shot for most golfers because of the shorter swing. However, mastering this shot will have a big impact on your score.

#2115 @ Millburn Municipal Golf Course • Lou Ruina
1 Session • Mon • Apr 16 • 6-7 pm • \$35

Golf Clinic 3: Putting and Chipping

Learn techniques to improve your putting and chipping.

#2116 @ Millburn Municipal Golf Course • Lou Ruina
1 Session • Mon • Apr 23 • 6-7 pm • \$35

Beginning and Intermediate Golf

Learn basic golf in four weeks with a professional instructor. Equipment will be provided. All classes taught at **Millburn Municipal Golf Course, White Oak Ridge Road, Short Hills.**

#2117 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Wed • Apr 11 • 10-11:30 am • \$140

#2118 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Wed • Apr 11 • 6-7:30 pm • \$140

#2119 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Sat • Apr 14 • 9-10:30 am • \$140

#2120 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Sun • Apr 15 • 1-2:30 pm • \$140

#2121 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Wed • May 16 • 10-11:30 am • \$140

#2122 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Wed • May 16 • 6-7:30 pm • \$140

#2123 @ Millburn Municipal Golf Course • Lou Ruina
4 Sessions • Sun • May 20 • 1-2:30 pm • \$140

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Kayaking

Kayaking for All Levels

The classroom session will explain kayak preparation, strokes, proper attire and related information for our eleven mile paddle down a calm, scenic section of the Delaware River in northwestern NJ. Optional two-person kayaks are available. Tuition includes one classroom session, kayaks, life jackets, instruction and guide fee for one trip. **Trip Date:** Saturday, June 16. **Rain Date:** Saturday, June 23.

#2124 @ Madison High School • Doug Gould
1 Session • Thurs • Mar 29 • 8-8:30 pm • \$75

Tai Chi & Karate

Beginning Tai Chi and Qi Gong

Expect improved strength, flexibility and balance. Enjoy inner stillness and peace that you can apply to everyday life.

#2125 @ Washington Avenue School • Brian Coffey
10 Sessions • Wed • Feb 28 • 7-8 pm • \$120

Beginning Tai Chi and Qi Gong – Extension

#2126 @ Washington Avenue School • Brian Coffey
4 Sessions • Wed • May 16 • 7-8 pm • \$48

Beyond Beginning Tai Chi and Qi Gong

Go deeper into the richness of these forms and into your own peace of mind.

#2127 @ Washington Avenue School • Brian Coffey
10 Sessions • Wed • Feb 28 • 8-9 pm • \$120

Beyond Beginning Tai Chi and Qi Gong – Extension

#2128 @ Washington Avenue School • Brian Coffey
4 Sessions • Wed • May 16 • 8-9 pm • \$48

Tai Chi

We concentrate on elements of Tai Chi that bring students to a meditative state where they are able to experience relaxation and increased mind-body awareness. Beginners as well as seasoned students welcome.

#2129 @ Studio Yoga, 2 Green Village Road, Madison • Studio Yoga Instructors
5 Sessions • Wed • Mar 7 • 6:30-7:30 pm • \$72

Tennis & Table Tennis

Table Tennis

Discover why table tennis is an Olympic sport. Classes open to all ages and skills.

#2130 @ New Jersey Table Tennis Club, 226 North Avenue W, Westfield • Xin Gao
6 Sessions • Thurs • Mar 1 • 5-6 pm • \$150

#2131 @ New Jersey Table Tennis Club, 226 North Avenue W, Westfield • Xin Gao
6 Sessions • Thurs • Apr 19 • 5-6 pm • \$150

Beginner Tennis

Learn basics of tennis. Tennis courts are outdoors.

#2132 @ Madison High School • Aaron Astor
6 Sessions • Mon • Apr 16 • 6:30-7:30 pm • \$105

Intermediate Tennis

Polish your game by reviewing the fundamentals. Stroke analysis, game strategies, and court positioning will be featured. Tennis courts are outdoors.

#2133 @ Madison High School • Aaron Astor
6 Sessions • Mon • Apr 16 • 7:30-8:30 pm • \$105

Yoga – Garwood

JF Yoga Fit

A combination of flow and alignment-based yoga to challenge the body while relaxing the mind. Poses focus on gaining increased balance, flexibility, and strength, offering beginning to advanced students the opportunity to achieve their greatest potential through breath and movement. Class Location: **Jeni-Fit Studios, 345 South Ave, Garwood.**

#2134 @ Jeni-Fit Studios • Jeni-Fit Instructor
5 Sessions • Tues • Mar 6 • 7:30-8:30 pm • \$72

Yoga – Madison

All the following yoga classes are held at **Studio Yoga, 2 Green Village Road, Madison.**

Prenatal Yoga & Women’s Health

Explore yoga poses that ease the mind and body during the transitions of a woman’s life.

#2135 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Tues • Feb 27 • 3-4:15 pm • \$82

Level 1 Yoga

Focus on breathing and relaxation, preventing and healing injuries, relieving fatigue, maintaining a healthy back and spine, storing life energy, and correcting postural alignment.

#2136 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Tues • Feb 27 • 6:30-7:45 pm • \$82

#2137 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Thurs • Mar 1 • 8-9:15 pm • \$82

Back-Friendly Restorative Yoga

Emphasis is given to supported poses that increase the mobility of shoulders, spine, legs and opening the chest for optimal circulation and breathing.

#2138 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Tues • Feb 27 • 8-9:15 pm • \$82

Fundamentals of Yoga

Learn how to relax as you try out the basic shapes of beginner postures in the company of other first-timers.

#2139 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Fri • Mar 2 • 10:15-11:30 am • \$82

#2140 @ Studio Yoga • Studio Yoga Instructors
5 Sessions • Sat • Mar 3 • 4-5:15 pm • \$82

TRIPS & TOURS

The Adult School Trips

Unless indicated otherwise, all trips listed below depart from **Chatham Middle School Parking Lot** and are led by The Adult School Staff. Some of the trips require students to provide their own transportation to the location. For further trip information, view the class description at www.theadultschool.org.

Maple Sugaring

Join us at the Environmental Education Center (EEC) to see the tradition of maple sugaring brought to life! Maple sugaring began centuries ago with the Native Americans and colonists. We will see how trees are tapped, view sap-collecting methods past and present, and see the boiling process that produces delicious New Jersey maple syrup. The 90-minute program is conducted at the Sugar Shack, approximately a half-mile hike from the parking lot. Please dress appropriately for the weather conditions. Boots are recommended as the trails can be wet, muddy, and/or covered by snow. We will enjoy a cozy lunch at the Washington House after our visit. **Students must provide their own transportation for this trip. The Environmental Education Center is located at 190 Lord Stirling Rd, Basking Ridge and Washington House at 55 South Finley Ave, Basking Ridge.**
#2201 • Wed • Feb 28 • 10 am-2 pm • \$40

Stickley Museum at Craftsman Farms and Italian Lunch

We will tour this 30-acre National Historic Landmark, the centerpiece of Gustav Stickley’s early 20th century country estate. The Stickley family’s home was built in 1911 and is one of the most significant landmarks of the American Arts and Crafts movement and has been restored to its original appearance. Then drive to Bruno’s Italian Bistro to enjoy a three course lunch in a casual but elegant setting. **Students must provide their own transportation for this trip. Stickley Museum is located at 2352 NJ-10, Morris Plains, and Bruno’s at 2900 Route 10, Morris Plains.**
#2202 • Thurs • Apr 5 • 11 am-2:30 pm • \$45

Visit the Miller-Cory House in Westfield, NJ

Step back in time and enjoy an in-depth tour of the Miller-Cory House Museum, built in 1740. Learn about Colonial life on a farm in the “West Fields” of Elizabethtown. Then create a small theorem painting to take home and finally watch our cooks prepare an 18th century meal over the open hearth and enjoy some old-time taste treats. **Students must provide their own transportation for this trip. Miller-Cory House is located at 614 Mountain Ave, Westfield.**
#2203 • Sun • Apr 8 • 2-4 pm • \$25

All trips depart from **Chatham Middle School Parking Lot** unless indicated otherwise.

A Day at Yankee Stadium

Take me out to the ballgame! Join us at an afternoon Yankees game against the Minnesota Twins. Our visit will include time to tour the Yankees Museum and Monument Park, containing unique Yankees history and memorabilia, including the Ball Wall with over 800 signed balls by Yankees greats, monuments, plaques, and retired numbers honoring distinguished members of the New York Yankees. Our covered seats are located in Section 217, near home plate on the first base line above the Yankees dugout. Rain or Shine! Go Yankees!

#2204 • Thurs • Apr 26 • 8 am-5 pm • \$155

Italian Cuisine and Culture in New York City

Treat yourself to a day of Italian food and culture around New York City! We will enjoy a guided tour of Italian art at the Metropolitan Museum of Art. We will board the bus to make a quick stop to see the Giuseppe Verdi Monument in honor of the composer located in Verdi Square Park in Manhattan between West 72nd and West 73rd Streets, Amsterdam Avenue and Broadway. We will then go to Little Italy and have lunch on Mulberry Street at Da Nico Ristorante for a traditional Italian meal. After lunch, we will visit Ferrara Bakery and Cafe, which opened in 1892 and has been owned by the same family for five generations. Well known for its Italian espresso and pastries, Ferrara is America’s oldest espresso bar and was originally opened as a place for opera lovers to gather after performances. We will also stop at Alleva Dairy, opened in 1892 and run by the fourth generation of the Alleva family. Alleva is the oldest Italian cheese market in the United States and is famous for its selection of fine Italian cheeses, salamis, sausages, imported olive oils, and breads.

#2205 • Thurs • May 3 • 8 am-6:30 pm • \$125

Shakespeare Theatre of New Jersey Factory Tour

In partnership with the Shakespeare Theatre of New Jersey and the Thursday Morning Club, The Adult School is excited to offer a tour of the behind the scenes operations of the newly transformed space of the Shakespeare Theatre Company. Our guided tour will visit the spaces where the productions are created, including the Rehearsal Hall, Scene and Costume Shops, and Costume Storage where vast collections of mens’ and womens’ costumes are housed. We will also be able to observe the many artisans at work who have transformed the Theatre Company’s space from a valve factory into a remarkable work-of-art. A catered lunch by the Thursday Morning Club will be served at the end of our tour. **Students must provide their own transportation for this trip. The Shakespeare facility is located at 3 Vreeland Rd, Florham Park.**

#2206 • Mon • May 7 • 11 am-1 pm • \$35

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The Culinary Institute of America and Staatsburgh State Historic Site

Join us for lunch at the American Bounty restaurant where future chefs master basic techniques and learn to appreciate and prepare fine cuisine. Enjoy dishes that focus on the seasons and products of the Hudson Valley. Following lunch, visit Staatsburgh State Historic Site, the elegant country home of Ogden Mills and Ruth Livingston Mills. Sitting atop a hill overlooking the Hudson River, the house is a fine example of a great estate built by America's financial and industrial leaders during the Gilded Age. The 79-room mansion is sumptuously furnished and recalls the Mills' lavish lifestyle. **This trip is offered in conjunction with the Madison Senior Center.**

#2207 • Thurs • May 24 • 10 am-5:30 pm • \$125

Rod's Steakhouse and Morristown Airport Tour

Tour the Morristown Airport's operation, firehouse and security buildings; see how they track weather and view aircraft up close as they taxi in and out. Then, drive over to Rod's Steak and Seafood Grill to tour Rod Keller's personal collection of Victorian-era decorative arts and enjoy award-winning lunch cuisine. **Students must provide their own transportation for this trip. Morristown Municipal Airport is located at 8 Airport Rd, Morristown and Rod's Steakhouse at 1 Convent Rd, Morristown.**

#2208 • Tues • June 5 • 10 am-2 pm • \$48

Group Tours Day Trips

All day trips listed below depart from **Chatham Middle School Parking Lot** and are led by Group Tours & Travel, LLC. For further trip information, view the class description at www.theadultschool.org.

Coffee & Tea Festival in NYC

Visit Li-Lac Chocolates and Eataly, an exciting marketplace for Italian delicacies before heading to the Brooklyn Expo Center for the 13th Annual Coffee & Tea Festival.

#2209 • Sun • Mar 11 • 9 am-6:15 pm • \$145

Sweet Caroline at the Mt. Airy Casino

Enjoy the afternoon performance of "Sweet Caroline", a high energy show that will find you singing along to your favorite Neil Diamond hits. A \$15 slot bonus in the casino and a buffet lunch are included.

#2210 • Tues • Mar 20 • 9 am-6:15 pm • \$125

Macy's Spring Flower Show and Tea at The Plaza Hotel

Enjoy the floral fantasy display at Macy's, featuring over 100,000 plants and flowers, and then take in the sophisticated elegance of afternoon tea in the Palm Court in the Plaza Hotel.

#2211 • Thurs • Apr 5 • 8:30 am-6:15 pm • \$185

Jesus at the Sight and Sound Theater

Experience the greatest story of all time as it unfolds on the 300-foot long wrap-around stage with 40-foot-tall sets, toe-tapping songs, professional actors, and a message of hope.

#2212 • Sat • Apr 28 • 8 am-9:30 pm • \$215

Elvis at the Mt. Airy Casino

This high energy Elvis Tribute is filled with all your favorite Elvis hits! A \$15 slot bonus in the casino and a buffet lunch are included.

#2213 • Tues • May 22 • 9 am-6:15 pm • \$125

Philadelphia Highlights and Elfreh's Alley Open House

Relive our country's history by visiting Independence Hall, Congress Hall, the Liberty Bell, and the Betsy Ross House. Our day will culminate with a visit to Elfreh's Alley, our nation's oldest residential street.

#2214 • Sat • June 2 • 8:30 am-6:30 pm • \$135

Twilight Cruise of NYC

Our trip will include a visit to the 911 Memorial, dinner in Little Italy, and then a two-hour twilight cruise with breathtaking views of the New York City skyline.

#2215 • Sat • June 16 • 10:15 am-10:15 pm • \$150

Three Islands in a Day

Highlights include time to explore Governors Island, beautiful views of NYC from the ferry, and a visit to New York City's first and only shopping outlet, located on Staten Island.

#2216 • Sun • July 1 • 8:30 am-5:15 pm • \$95

Group Tours Multi-Day Trips

Actual trip price will vary, depending on room selection and trip options that are selected. All multi-day trips listed below are led by Group Tours & Travel, LLC. For further trip information, view the class description at www.theadultschool.org.

Azamara Cruise to Bermuda and the Azores

13-night cruise with visits to Miami, Bermuda, the Azores, and Lisbon, Portugal.

#2217 @ Newark Airport
April 6 – April 20 • \$4,845-\$6,995

The Connecticut Coastline and Goodspeed Opera House

Includes a visit to New Haven, Yale University, museums, and a memorable performance of "The Will Rogers Follies" at the Goodspeed Opera House, and a Connecticut River Nature cruise.

#2218 @ Chatham Middle School Parking Lot
May 30 – May 31 • \$500-\$595

Newport Flower Show and Sightseeing

Visit the two charming cities of Newport and Providence, Rhode Island as we take in New England's premier flower show at the elegant Rosecliff Mansion in Newport.

#2219 @ Chatham Middle School Parking Lot
June 23 – June 24 • \$445-\$540

Adirondack Getaway

Experience the beauty and serenity of the Adirondacks with visits to Lake Placid, Saratoga Springs, and the Shelburne Museum in Shelburne, Vermont.

#2220 @ Chatham Middle School Parking Lot
June 26 – June 29 • \$1,200-\$1,525

Norse Legends & Voyage of the Midnight Sun Tour

14-day cruise including visits to the Arctic Circle and Amsterdam.

#2221 @ Newark Airport
July 6 – July 23 • \$5,420-\$12,420

Summertime in Niagara Falls

Travel to one of the greatest natural wonders in North America and enjoy an abundance of spectacular natural beauty.

#2222 @ Chatham Middle School Parking Lot
July 30 – August 3 • \$1,855-\$2,645

Highlights of Western North Dakota

Take in the majesty and beauty of this land, where the buffalo still roam.

#2223 @ Newark Airport
August 9 – August 13 • \$1,925-\$2,195

Labor Day Jazz Weekend on Mackinac Island

Enjoy the elegance of Mackinac Island's Grand Hotel, and the numerous live musical performances throughout the weekend.

#2224 @ Newark Airport
August 29 – September 5 • \$3,450-\$4,515

The Omni Homestead in Hot Springs, Virginia

Take in the elegance and charm of America's First Resort, celebrating over 250 years of service.

#2225 @ Chatham Middle School Parking Lot
September 12 – September 16 • \$1,995-\$2,525

New Mexico and Colorado: Land of Enchantment

Discover the overwhelming beauty of Colorado and New Mexico.

#2226 @ Newark Airport
September 21 – September 28 • \$3,225-\$4,150

Fall Foliage in Upstate New York

Three day getaway offering spectacular fall foliage, elegant accommodations, exciting boat cruises, historic sites, a boutique style casino and more.

#2227 @ Chatham Middle School Parking Lot
October 3 – October 5 • \$785-\$915

Fall Foliage in the Berkshires

Travel to New England to see the beautiful fall leaves.

#2228 @ Chatham Middle School Parking Lot
October 11 – October 12 • \$525-\$645

Salem at Halloween Time

Experience Haunted Happenings 2018 in Salem, Massachusetts, the ultimate place to celebrate Halloween.

#2229 @ Chatham Middle School Parking Lot
October 26 – October 28 • \$750-\$935

Nashville at Christmas Time

Enjoy four nights in the beautiful Gaylord Opryland Hotel, extensively decorated for the holidays.

Our itinerary includes many Nashville attractions, including four spectacular shows.

#2230 @ Newark Airport
November 26 – November 30 • Price TBD

Collette Multi-Day Trips

Actual trip price will vary, depending on room selection and trip options that are selected. All multi-day trips listed below are led by Collette Tours. For further trip information, view the class description at www.theadultschool.org.

Travel Presentation

A Collette representative will be available to answer questions and present information about the tours listed below.

#2231 @ Madison Civic Ctr • Collette Representative
1 Session • Mon • Mar 5 • 12-1 pm • Free

#2232 @ Madison Civic Ctr • Collette Representative
1 Session • Mon • Mar 5 • 6:30-7:30 pm • Free

America's Cowboy Country

Enjoy the beauty of the Wild West with visits to the Grand Tetons, Yellowstone National Park, Mt. Rushmore, and Badlands National Park.

#2233 @ Newark Airport
September 23 – September 30 • \$3,649-\$4,799

Spain's Classics and Portugal

This trip features the best of Portugal and Spain: Lisbon, Fatima, Nazare, Obidos, Madrid, Toledo, Cordoba, Seville, Valencia, and Barcelona.

#2234 @ Newark Airport
November 7 – November 20 • \$4,489-\$5,389

Christmas on the Danube

Highlights of this cruise down the Danube river include time spent at Christmas markets and visits to Rothenburg, Nuremberg, Regensburg, Passau, and Vienna.

#2235 @ Newark Airport
December 2 – December 10 • \$3,649-\$5,449

Shades of Ireland

Enjoy the Emerald Isle with all its rich history, rolling hills, and warm smiles, as you spend time in Dublin, Waterford, Killarney, and Limerick.

#2236 @ Newark Airport
March 27 – April 5, 2019 • \$3,369-\$3,849

Treasures of Northern California

Experience the many hidden treasures of California, including San Francisco, Yosemite National Park, Sacramento, Lake Tahoe, and the wine country.

#2237 @ Newark Airport
April 28 – May 6, 2019 • \$3,579-\$4,529

All trips depart from **Chatham Middle School Parking Lot** unless indicated otherwise.

FRIENDS OF THE ADULT SCHOOL

The non-profit **The Adult School** has formed a Friends of The Adult School group. The Friends is a non-profit organization of volunteers providing The Adult School with the support and supplemental funds it needs to continue to deliver a multitude of diverse, affordable classes to the community. The Adult School has been serving the community with lifelong learning opportunities since 1937.

It is through the generous support of our students and the community that The Adult School has been able to provide a variety of wonderful learning opportunities for many individuals. The Adult School helps make a difference in people's lives by:

- Offering affordable high quality classes in many areas including computers, languages, finance and job skills.

- Teaching no cost English as a Second Language (ESL) classes.

- Providing thought provoking lectures, fitness and social activities like trips, cards and games for all of our senior community members to continue to live their lives to the fullest.

- Helping with work/life balance – increasing your enjoyment in life through enrichment classes in the arts/culture, hobbies, crafts, home and garden, photography, sports and more.

- Making online learning opportunities available 24/7 from the comfort of your own home.

Each year, your financial support is essential to enable us to continue to service the surrounding communities. As a non-profit, our class fees only cover a portion of our expenses. Every donation is greatly appreciated and **tax deductible!** Donations are accepted by phone, mail and on our website at www.theadultschool.org. Help others discover their passion, **DONATE** and **MAKE A DIFFERENCE TODAY.**



**The
Adult
School**

Become a Member of the . . .

FRIENDS OF THE ADULT SCHOOL

Make a difference by making a donation. It is through the generous support of our students and the community that The Adult School is able to provide a variety of wonderful learning opportunities for many individuals in the community. All donations are fully tax-deductible.

- Friend of the Adult School – *Elementary* **\$50**
- Friend of the Adult School – *Level One* **\$100**
- Friend of the Adult School – *Level Two* **\$250**
- Friend of the Adult School – *Level Three* **\$500**
- Friend of the Adult School – *Level Four* **\$750**
- Friend of the Adult School – *Level Five* **\$1,000**

Make Checks Payable to: **The Adult School**

Mail Donation to: **The Adult School, PO Box 125, Madison, NJ 07940**

Registration Procedures for . . . THE ADULT SCHOOL

ONLINE at www.theadultschool.org

BY MAIL, fill out the form below, include payment and send to address on the form.

PHONE us at 973.443.9222

FAX completed form to 973.443.9669

IN PERSON, visit us at the Madison Civic Center, 28 Walnut Street, 2nd Floor, Madison, NJ.

Registration begins as soon as you receive this brochure. Registrations are accepted on a first-come, first-serve basis.

No confirmations are sent.

Fees must be paid at time of registration. There is a non-refundable registration fee of \$10 per person due each semester (i.e. Spring, Fall).

Fees may be paid by check, credit card or cash (in the office).

REGISTRATION FORM

Last Name

First Name

Street Address/Apt.#

City/State/Zip

Cell or Work Phone & Ext.

Home Phone

Email

Meal Choice for Yourself and Guest(s) if Registering for a Trip

Course #	Course	\$
Course #	Course	\$
Course #	Course	\$
Tax-deductible Donation		\$
Please Include the Mandatory Registration Fee for Each Participant		\$ 10
Total Cost		\$

METHOD OF PAYMENT

Check AmEx Discover Mastercard Visa

Credit Card Number

Exp Date

CID#

Make Checks Payable to: **The Adult School**

Mail Registration with Payment to: **The Adult School, PO Box 125, Madison, NJ 07940**

The Adult School of the Chathams, Madison and Florham Park
P.O. Box 125 • Madison, NJ • 07940-0125

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MEMBERS OF ALL COMMUNITIES WELCOME

LOCATIONS

Classes offered in Basking Ridge, Chatham,
Florham Park, Madison and Westfield.

REGISTER NOW

Class Registration Begins January 24

ONLINE

www.theadultschool.org

BY PHONE

973.443.9222

BY FAX

973.443.9669

BY MAIL

The Adult School
P.O. Box 125
Madison, NJ 07940-0125

IN PERSON

Madison Civic Center
28 Walnut Street, 2nd Floor
Madison, NJ

QUESTIONS?

Email us at tasinfo@theadultschool.org



The
Adult
School

A Non-Profit Organization Serving the Community with Lifelong Learning Opportunities