

WE NEED YOUR HELP
see inside front cover

Westfield Adult School

Providing Quality Enrichment
and Learning Opportunities
Since 1938

Spring 2015

Classes begin in March & April

*Westfield Adult School
(908) 232-4050*

wasndirector@gmail.com

*Most classes held at: Westfield High School
550 Dorian Rd., Westfield*

Online registration available at: www.WestfieldAdultSchool.com

Donations Needed

Established in 1938, the Westfield Adult School Association is a non-profit 501(c)(3) organization serving Westfield and over 20 surrounding communities. We rely solely on class fees, registration fees and donations.

The Westfield Adult School revenues have not kept up with rising expenses. We **urgently** need your financial support in order to continue offering enrichment opportunities at reasonable prices. Many adult schools, unable to meet their expenses, have been forced to close.

We are working hard to keep our doors open, but we need your help! All donations are tax deductible and will be acknowledged in our Fall 2015 catalog.

Donations may be made by check or online by credit/debit cards at www.westfieldadultschool.com. Thank you!

The Westfield Adult School, P.O. Box 606, Westfield, NJ 07091

2015 Donation

Name:

Business:
if applicable

Address:

Email:

Phone:

Yes, I want to help support the Westfield Adult School!

(Please make check payable to "Westfield Adult School Association")

- \$5 - \$99 Bronze Donor
- \$100 - \$250 Silver Donor
- \$250+ Gold Donor

Acknowledgement in Fall 2015 catalog. Check one:

- Please include the following name in the "Donor Acknowledgement" section of the Fall 2015 catalog.

Name to appear in catalog: _____

- Please DO NOT include my name in the Fall 2015 catalog.

Mail donations to:

Westfield Adult School Association
PO Box 606
Westfield, NJ 07091

2014/15 Westfield Adult School Donor Honor Roll

Thank you for your generosity!

Gold - \$250+

Bob & Betsy McQuade
Charles & Josie Anthony

Silver - \$100-\$249

Tom & Deborah Matro
Mercedes Fol-Okamoto

Bronze - \$5-\$99

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Thank You to Our Spring 2015 Volunteer Instructors

Each session, spring and fall, we have volunteers who donate their time to teach classes. The Westfield Adult School would like to acknowledge these instructors for their dedication to provide quality enrichment classes.

Mitchell C. Beinhaker, Esq

The Beinhacker Law Firm, LLC, Westfield, NJ - <http://www.beinlaw.com/>, (908) 272-2232

A graduate of Cornell University, Mitchell received his law degree (JD) from New York Law School in 1992. He was a tax intern with Internal Revenue during law school and is admitted to practice in the states of New Jersey and Pennsylvania (inactive in PA). He was awarded the Chartered Life Underwriter (CLU) degree from The American College in 1998.

Maryalice Ryan, ABR, SRES

Coldwell Banker Residential Brokerage - <http://www.maryaliceryan.com/>, 908-928-9121

Maryalice has been one of Westfield's top realtors for over ten years and has provided hundreds of buyers and sellers with professional and knowledgeable service. Maryalice's extensive knowledge of the local markets enables her to immediately identify opportunities, understand property value and negotiate effectively. Maryalice knows that a home which shows to its best potential will net the strongest price and therefore she ensures that every home she represents is staged to showcase its benefits. This enables her to market each home's strengths for maximum exposure and position the property to produce the greatest possible return.

Michael Vinanskie

Chartered Financial Consultant, Registered Representative and Investment Advisor with ProEquities, Inc

A financial professional with over 35 years of experience, Michael provides financial advice to individuals and businesses on investments and insurance. Areas include: taxable investment accounts, individual and business retirement accounts, college funding plans, and all forms of insurance.

Pamela Starkey

For the past 27 years Pamela has worked with talented decorators in Westfield creating beautiful window treatments and other custom sewing projects. Her work projects include a country club, commercial spaces and many of Westfield's fine homes. Pamela has enjoyed living in Westfield and raising her children here. She looks forward to volunteering her expertise and skills to the Westfield Adult School.

Dorothy Cantor, Psy.D, Psychology

Rutgers University <http://www.drdothycantor.com/>

Dr. Cantor served as the 105th President of the American Psychological Association (APA) in 1996-97. She is currently president of the American Psychological Foundation and serves as a member of the Board of Governors of Rutgers University, having completed a term as Chair of the Board Trustees of the University. In 2009, she was inducted in the Rutgers University Hall of Distinguished Alumni. She has a private practice in Westfield, N.J

David Haas

Westfield Council Member for 10 Years, Assistant to the Chair for Laboratories, ECE Department, New Jersey Institute of Technology, Ph.D. in Electrical Engineering from the University of California at Berkeley. David has been a resident of Westfield for over 23 years and has been an active volunteer in the community. As a member of the town council he has served the citizens of Westfield. He coached various sports while he and his wife raised their children in Westfield.

Westfield Adult School Mission Statement

The Westfield Adult School is an independent, non-profit organization dedicated to providing quality education and enrichment opportunities both in and out of the classroom. Through the efforts of the faculty and the volunteer Board of Trustees, The Westfield Adult School is committed to serving as an educational/enrichment resource to Westfield and the surrounding communities.

Notice of Policy

The Westfield Adult School does not discriminate in its admissions decisions or in any other manner on the basis of age, race, creed, color, religion, ethnic or national origin, ancestry, sex, disability, marital status, sexual orientation, military status, or any other status protected under the law.

The Westfield Adult School reserves the right not to accept or retain as a participant in any of its activities any person who interferes with the rights, welfare or enjoyment of other participants. It shall be within the discretion of the Westfield Adult School to refund a portion of tuition that relates to unused services if a participant is required to leave an activity. Other than reimbursement of tuition for unused services, the participant waives the right to recover any other relief against the Westfield Adult School, including any form of monetary damages.

The Westfield Adult School does not assume responsibility for injuries sustained in any of its programs.

**There will be no classes held at Westfield High School on
April 6 due to Spring Break.**

THANK YOU

The Westfield Adult School is a non-profit organization and does not receive any taxpayer funding. Tuition fees, advertisements, and generous donations by our supporters finance all costs. We would like to thank all of our advertisers, sponsors and others who have recently given their financial support to the Westfield Adult School.

COMMUNITY SPONSORS

**Westfield Community Players
Westfield Symphony Orchestra
Woman's Club of Westfield**

Be a Sponsor of the Westfield Adult School

The annual budget of the Westfield Adult School is met only in part by tuition fees. Additional contributions from individuals and businesses are also necessary. You are invited to become a sponsor of The Westfield Adult School and join others who give generously. To become a sponsor, contact the Adult School at (908) 232-4050, or mail contributions to P.O. Box 606, Westfield, NJ 07091, or use the donation form inside the front cover.

Your assistance will help the Westfield Adult School continue to bring quality educational experiences to our community. The Westfield Adult School is a 501 (c) (3) organization. Your entire contribution is tax deductible to the maximum extent of the law.

Classes

Fun & Games

- ♥ Bridge – Beginner 1
- ♥ Bridge – Beginner 2
- ♥ Bridge – Moving Right Along
- ♥ Mahjong

Computers & Social Media

- Create Your Own Website with WordPress
Adobe Photoshop
NEW! – Internet Security
NEW! – Using LinkedIn for Career Success
iPad/iPhone for Beginners – April
iPad/iPhone for Beginners – May
iTutor
Microsoft Word 2007 for Beginners
Microsoft Excel 2007 for Beginners

Arts, Crafts & Hobbies

- Painting with Pastels –
Landscapes and Still Lifes
Batik Workshop
NEW! – Chair Seat Recovering
Tile Making
Painting in Watercolors
Basic Drawing: Techniques,
Tools and Tips
Quilting
Mosaics Made Easy
NEW! – Sewing
Glassblowing
Knit & Crochet for Beginners and Beyond
Tuesday Evening Ceramics

Cuisine & Cooking

- NEW!** – Throw as you Go Soup Making
NEW! – Asian Appetizers
NEW! – Meatless Mondays
NEW! – All About Coffee
A Taste of Curry

1 Fun & Fitness

- NEW!** – Golf for Beginners and Novices
NEW! – Table Tennis for Fun, Fitness and Focus
Hula Hooping for Beginners
Flab-to-Firm Fitness Camp
Beginner Yoga at Satsang Yoga
Basic Flow Yoga at Satsang Yoga
NEW! – Lunch Hour Flow Yoga
Zumba
JF Ride 45 – Indoor Cycling Workout
Jeni-Barre
Piloxing with JeniFit
JeniFit Outdoor Jogging Fitness Class
Boxing Boot Camp
NEW! – Pilates/Yoga Fusion

Dance & Dance Fitness

- NEW!** – Bhangra/Bollywood Dance Workshop
♥ Ballroom Dancing & Swing – Beginner
♥ Ballroom Dancing & Swing –
Advanced Beginner
Beginner Old School Style Belly Dance
Beginner Back-to-Basics Belly Dance
Friday R&B Line Dancing
Ballet Sculpt
Ballet for Beginners
Ballet for Advanced Beginners
Tap Dancing for Beginners
Tap Dancing for Advanced Beginners

Business, Finance, Legal & Government

- NEW!** – Know Your Local Government:
How it Works & What it Does
Wills, Trusts and Probate
Managing Healthcare Expenses in Retirement:
Make the Most of Medicare
NEW! – Understanding Social Security
NEW! – Overview of Investment Concepts
NEW! – Understanding Mutual Funds
Financial Strategies for Estate Planning
Long Term Care Insurance:
Protecting Your Independence

Real Estate & Your Home

- NEW!** – How to Easily Organize Your Home
Setting the Stage to Sell Your Home
Home Inspection for Buyers and Sellers
Home Maintenance 101
Landscaping – Spring Primer
Landscaping Your Home

♥ *Discounted senior rate to students age 65 and over.*

**There will be no classes held at Westfield High School on
April 6 due to Spring Break.**

Classes

Languages	12	Personal Growth	15
Introduction to American Sign Language: Fundamentals of ASL Conversation		<i>New!</i> – What Do You Want to be When You Grow Up	
French – Beginner		Makeup for the Real Woman	
Spanish – Beginner		Instant Speed Reading	
Spanish – Advanced Beginner		Get a Push-Button Memory	
Italian – Beginner		<i>New!</i> – Blended Martial Arts	
Italian – Advanced Beginner		Learn to Meditate	
ESL– Conversational English			
Creative Arts, Music, Photography & Writing	13	College Prep	16
Creative Writing – Free the Writer Within You		SAT & PSAT Preparation	
Introduction to Digital Photography		Trips & Excursions	16
Intermediate Digital Photography		"Heart and Lights" at Radio City Music Hall	
Guitar – Beginner		Domingo at The Metropolitan Opera House	
Monday Afternoon at the Opera		"On The Town" on Broadway	
Voice Over		"An American in Paris" on Broadway	
		"Finding Neverland" on Broadway	
		All-Beethoven: The 5th & The "Emperor" at NJPAC	
		"Swan Lake" at The Metropolitan Opera House	
Health & Safety	14		
American Red Cross CPR with AED			
American Red Cross First Aid			
American Red Cross Babysitter Training			

Become a Fan of the Westfield Adult School on [facebook](#) !

The Westfield Adult School wishes to thank the following instructors who generously donate their time to teach at the Adult School:

Mitchell C. Beinhacker
Dorothy Cantor, Psy.D

David Haas
Maryalice Ryan

Pamela Starkey
Michael Vinanskie

These instructors are recognized with ** designation next to their names.



Executive Director – Erica Webber
Arrangements Coordinator – Jenna Cohen
Registration Information – (908) 232-4050
wasnjdiretor@gmail.com

The Westfield Adult School has been operating since 1938.

Fun & Games

♥ Bridge – Beginner 1

8 Mondays, 3/9–5/4, \$86, Senior \$76

Room 164

Class # 1: 4:00–5:30pm

Come learn a game that you can play for life! For the absolute beginner or those in need of a review, this course emphasizes opening bids, rebids, responses, competitive bidding, balancing and more. Class limited to 20 participants.

Susan Schwartz, Gold Life Master, Certified ACBL Instructor

♥ Bridge – Beginner 2

8 Mondays, 3/9–5/4, \$86, Senior \$76

Room 164

Class # 11: 7:00–8:30pm

For those students who have taken some bridge lessons before. Come learn more about how to play the game of bridge. This course will emphasize opening bids, rebids, responses, and competitive bidding. Class limited to 22 students.

Susan Schwartz, Gold Life Master, Certified ACBL Instructor

♥ Bridge – Moving Right Along

8 Mondays, 3/9–5/4, \$86, Senior \$76

Room 164

Class # 2: 8:30–10:00pm

Do you love to play bridge and wish to improve your skills? This course will cover various conventions (Stayman, Transfers, Negative Doubles, RKC, Blackwood), defense tactics and strategic play of the hand. Class limited to 20 participants.

Susan Schwartz, Gold Life Master, Certified ACBL Instructor

♥ Mahjong

8 Mondays, 3/9–5/4, \$86, Senior \$76

Room 152

Class # 3: 4:00–5:30pm

Enjoy eight Mondays of mahjong madness! For beginners and all who desire a refresher class. Repeat students welcome! This is a game of Chinese origin usually played by four persons with tiles resembling dominoes and bearing various designs. It is a game of skill, strategy and luck. If you have a mahjong set, please bring it to class. Please bring a 2015 mahjong card (available at Hallmark stores) to class.

Carol Gross, Experienced Mahjong Player & Instructor

Computers & Social Media

Note: No food or drink allowed in the computer room. All computer classes are limited to 10 students.

Create Your Own Website with WordPress

5 Mondays, 3/30–5/4, \$100

Room 132

Class # 8: 8:00–9:00pm

Learn to create this key communication tool, your own website. Learn basic coding to build a live site in real time with WordPress. Learn how to choose a hosting site, set up a site, and best practices for using images. Students should be familiar with Windows and have solid computer skills.

Sabra Rodriguez, Experienced Designer & Instructor

Adobe Photoshop

3 Mondays, 3/9–3/23, \$60

Room 132

Class # 118: 8:00–9:00pm

Learn basics of the leading computer image-editing program, including how to scan and import photos, combine and transform images, and export different file types for web and print. Students with a laptop with Photoshop should bring it to class. Students who do not will participate by watching and working with the instructor. Students should be familiar with Windows and have solid computer skills.

Sabra Rodriguez, Experienced Designer and Instructor

NEW! Internet Security

1 Thursday, 5/7, \$20

Westfield Memorial Library, 550 East Broad St.

Class # 13: 7:00–8:30pm

Knowing how to protect your computer against virus attacks and how to safeguard your personal information while online can be overwhelming. This class will give you a better understanding of basic internet security and will include information about available internet security software. Students with laptop computers should bring them to class.

Jason Ross, Computer Consultant and IT Instructor

NEW! Using LinkedIn for Career Success

1 Thursday, 5/14, \$20

Westfield Memorial Library, 550 East Broad St.

Class # 33: 7:00–8:30pm

Whether you are a job-seeker or someone interested in building connections that help you at work, LinkedIn is the place to be. In this interactive, hands-on session, you will learn how to build a desirable profile that helps recruiters and potential customers find you. You will also learn how to use LinkedIn's powerful search tools to find the people and opportunities that can boost your career. Please bring a laptop to class.

Jason Ross, Computer Consultant and IT Instructor

Computers & Social Media (continued)

iPad/iPhone for Beginners - April

2 Tuesdays, 4/7 & 4/21, \$40

Westfield Memorial Library, 550 East Broad St.

Class # 5: 7:00–8:30pm

Bring your iPad or iPhone to class and learn more about your device. Learn the basics to sync your iPad or iPhone with your computer and iTunes by using basic programs such as email, calendars, and maps. Learn to download applications, read books, listen to music, watch TV/videos, and more. Students must have ios8 installed and must know their user name and password.

Herb August, Experienced iPad/iPhone/Computer Instructor

iPad/iPhone for Beginners - May

2 Tuesdays, 5/12 & 5/19 \$40

Westfield Memorial Library, 550 East Broad St.

Class # 12: 7:00–8:30pm

Bring your iPad or iPhone to class and learn more about your device. Learn the basics to sync your iPad or iPhone with your computer and iTunes by using basic programs such as email, calendars, and maps. Learn to download applications, read books, listen to music, watch TV/videos, and more. Students must have ios8 installed and must know their user name and password.

Herb August, Experienced iPad/iPhone/Computer Instructor

iTutor

Date/Time tbd by student and instructor

1 hour session, \$75

Class # 6

Do you need help using the features of your iPhone, iPad or the iCloud? This private tutorial will get you up to speed. Enjoy one-on-one instruction when you register for a tutoring session with the iTutor. Students meet for a one-hour session at a date, time and location (most likely a local public library) agreed upon with the instructor. When registration is received, your contact information will be forwarded to the instructor who will contact you to work out details.

Herb August, Experienced Computer Instructor

Microsoft Word 2007 for Beginners

4 Mondays, 3/9–3/30, \$100

Room 132

Class # 9: 6:00–7:30pm

This class covers the Microsoft Word basics. Students create and save documents, use menus and toolbars, run spellcheck, manage files/folders, and more. Students will develop basic proficiency with this class.

Jackie Peins, Experienced Computer Instructor

Microsoft Excel 2007 for Beginners

3 Mondays, 4/13–4/27, \$75

Room 132

Class # 7: 6:00–7:30pm

Learn to create spreadsheets. This introductory class covers basic functions of Microsoft Excel including formatting cells and using formulas, and is perfect for beginners and those with limited experience using Excel.

Jackie Peins, Experienced Computer Instructor

Arts, Crafts & Hobbies

Painting with Pastels – Landscapes and Still Lifes

6 Mondays, 3/16–4/27, \$105

Room 237

Class # 17: 7:00–8:30pm

Learn to paint landscapes and still lifes with pastels. Basic drawing and color techniques will be taught to create a landscape or still life from a photo. Students may bring a photo or choose from the photos provided by the instructor. Materials needed for this class: various soft and/or hard pastels (not oil based), pastel papers (sanded or un-sanded), pencils or charcoal, artist tape and a board to tape paper to.

Jeri Greenberg, BA Parsons School of Design, Member of Pastel Society of NJ

Batik Workshop

1 Class (see dates, below), \$40

Lisa's Studio in Watchung

Class # 18: Wednesday, 4/15, 2:30–5:00pm

Class # 20: Wednesday, 5/6, 7:00–9:30pm

The wonderful creative medium of batik is both an art and a craft. Students will learn the basics about batik's many possibilities and will plan and create a work of batik. Directions to Lisa's art studio can be found on her website at www.art-as-therapy.com or you can call 908-561-9226.

Lisa Brown, MA, Creative Arts Educations, Rutgers University

Arts, Crafts & Hobbies (continued)

NEW! Chair Seat Recovering

2 Mondays, 4/13–4/20, \$50

WHS Student Center

Class # 16: 7:00–8:30pm

Do your dining room chairs or kitchen chairs look a little worn or stained? Learn to recover those slip seats. All it takes is a little time and a few supplies to make a professional looking job. At the first class we will prep the seats. Prepping involves removing staples and tacks and striping down to the foam base. We will also talk about good fabric choices for the seats. Before the second class, students should purchase, Dacron and fabric for their seats and bring it with them. (At the first class, the instructor will let you know exactly what you need to purchase.) At the second class we will Dacron wrap the seat and cover with new fabric. Bring the following supplies to class: slip seats, hammer, screwdriver (to dig out the staples), pliers (sometimes they don't come out easily), stapler (if you have an electric stapler that will make the project go easier), tape measure, scissors, and straight pins. If you don't finish your chairs in class, you will be able to finish them at home.

Pamela Starkey, 27 years experience sewing custom window treatments and custom sewing projects for homes and commercial establishments

Tile Making

2 Saturdays, 3/7 & 3/14, \$80

Lisa's Studio in Watchung

Class # 15: 10:00am-12:00pm

Make ceramic tiles for your bathroom, kitchen, or even for over a door. Tiles can be flat or textured like sculpture with wonderful colors. All supplies are included in the class fee. Directions to Lisa's art studio can be found on her website at www.art-as-therapy.com or you can call 908-561-9226.

Lisa Brown, MA, Creative Arts Educations, Rutgers University

Painting in Watercolors

8 Mondays, 3/9–5/4, \$125

Room 233

Class # 22: 7:30–9:00pm

All skill levels are welcome to join this class. Enjoy eight evenings of painting while learning about mixing techniques and color schemes. Paint landscapes, seascapes, flowers and more. Students should bring a box of watercolors, watercolor paper, pencil and eraser to class.

Stephen D'Amato, BA Visual Arts, Rutgers; Art Students League of New York

Basic Drawing: Techniques, Tools and Tips

6 Mondays, 3/16–4/27, \$95

Room 235

Class # 21: 7:00–8:30pm

Learn to draw, gain confidence, and have fun. Students at all levels are welcome. Those who have previously taken this class can register again to develop technique. This course focuses on "seeing" and "mark-making" skills, with emphasis on drawing what you see and on shading and highlighting techniques. Use techniques, tips and tools to begin drawing realistically or improve accuracy and ease in drawing. Students should bring the following: drawing pencils (including a 6B pencil and a #2 pencil), sketchbook (at least 11" x 14"), kneaded eraser, tracing paper and the book *The New Drawing on the Right Side of the Brain Workbook* by Betty Edwards.

Joy Ann Cabanos, Professional Artist

Quilting

7 Mondays, 3/9-4/27, \$100

WHS Library Multi-Purpose Room

Class # 31: 7:00-9:00pm

Students will make a 4-patch posey (kaleidoscope) quilt. This fun pattern is adaptable to any quilter's skill and is full of pleasant surprises. At home students will need a working sewing machine, an iron, and a rotary cutter and board (beginners will be taught rotary cutting). A list of supplies will be given at the first class. As always, past students are welcome to continue current projects. Come and enjoy modern quilting! Enrollment limited to 15 students.

Linda Blauvelt, Quilting for over 30 years

Mosaics Made Easy

2 Saturdays, 3/21 & 3/28 \$80

Lisa's Studio in Watchung

Class # 24: 7:00–9:00pm

Create a unique mosaic art piece in only two classes. Get the mosaic look with this simple-to-cut, easy-to-piece-together light-weight method developed by Lisa Brown. All supplies are included in the class fee. Directions to Lisa's art studio can be found on her website at www.art-as-therapy.com or you can call 908-561-9226.

Lisa Brown, MA, Creative Arts Educations, Rutgers University

Arts, Crafts & Hobbies (continued)

NEW! Sewing

6 Mondays, 3/16–4/27, \$115

WHS Student Center

Class # 26: 7:30–9:00pm

Learn to sew under the guidance of an experienced sewing instructor. Learn to thread a sewing machine, load a bobbin, sewing machine control, and various machine stitches. A simple project such as a pair of pajama pants will be completed by the final class. Project ideas and materials needed for the projects will be discussed at the first class. Bring a sewing machine to class.

Joyce Marsh, Experienced Sewing Instructor

Glassblowing

1 Saturday, 3/28, \$95

GlassRoots Studio

Class # 25: 10:00am–1:00pm

Have you always wanted to try the ancient art of glassblowing? At this one-day workshop taught by glass artists, students learn basic techniques for controlling and shaping molten glass, and will take home their own glass creations. Class size is limited to 6 to allow for individualized attention and maximum access to equipment. GlassRoots Studio is located in the Halsey Arts Village at 10 Bleeker Street in Newark, (close to the Newark Museum and the Newark Library). Students must be at least 14 years old. No experience necessary.

Glass Blowing Instructors at GlassRoots Studio

Knit & Crochet for Beginners and Beyond

6 Mondays, 3/9–4/20, \$85

Room 152

Class # 32: 7:30–9:00pm

Have fun while learning to knit and crochet through hands-on instruction at all skill levels. Learn (or refresh) basic stitches and how to read patterns while advancing at your own pace. Meet new people and make new friends. Bring a size H metal crochet hook, a pair of size 8 (14" long) metal or plastic knitting needles, and two skeins of 4-ply acrylic knitting worsted yarn in two different colors. Beginner patterns will be provided. Enrollment limited to 15.

Jean Miller, Expert Knitter and Crocheter

Tuesday Evening Ceramics

4 Tuesdays of Your Choice, 4/14–5/19, \$140

Lisa's Studio in Watchung

Class # 30: 6:30–9:00pm

Come to this class to create with clay. In this open-format class, the instructor will teach you how to work with clay, give advice and share special techniques. All supplies included: clay, glazes, plus kiln firing. Please contact the instructor to let her know which 4 Tuesdays you plan to attend. Directions to Lisa's art studio can be found on her website at www.art-as-therapy.com or you can call 908-561-9226.

Lisa Brown, MA, Creative Arts Educations, Rutgers University

Cuisine & Cooking

NEW! Throw as you Go Soup Making

1 Monday, 3/16, \$40

Room 136

Class # 48: 7:30–9:00pm

Learn some basic techniques to create fabulous, hearty soups which will warm your souls and bellies. Packed with lentils and beans, protein and veggies, soups made the right way are completely satisfying as a meal in themselves. Discover how easy it is to stir together a variety of soups with this "throw-as-you-go" approach to cooking. Types of soup include: Hearty Red Lentil, Golden Split Pea, "Hodge Podge" Veggie and Creamy Cauliflower. Students will take home samples of the food items made in class. All ingredients and take-home containers are included in the class fee.

Alison Bermack, Food Writer and Blogger, www.cookingwith-friendsclub.com

NEW! Asian Appetizers

1 Monday, 4/13, \$40

Room 136

Class # 50: 7:30–9:00pm

Learn to make irresistible appetizers for spring and summer entertaining, including dumplings, spring rolls, and summer rolls. Students will take home samples of all the appetizers made in class. All ingredients and take home containers are included in the class fee.

Alison Bermack, Food Writer and Blogger, www.cookingwith-friendsclub.com

NEW! Meatless Mondays

1 Monday, 3/30, \$40

Room 136

Class # 49: 7:30–9:00pm

You don't have to be a strict vegetarian to enjoy a meatless meal. Learn how to make delicious meatless meals that will make you forget about meat! Meals include: falafel, southwestern veggie & quinoa burgers and veggie chili. Students will take home samples of the food items made in class. All ingredients and take-home containers are included in the class fee.

Alison Bermack, Food Writer and Blogger, www.cookingwith-friendsclub.com

NEW! All About Coffee

1 Monday, 4/27, \$25

Room 136

Class # 39: 7:00–9:00pm

Become an educated coffee drinker! Learn about coffee from a coffee professional. Learn where coffee comes from (it's a seed!) and why some coffees cost more than others. Students will taste and touch raw and roasted samples, as well as learn how to brew the best cup (be it drip, k-cup, percolator, French press, or espresso). Other topics include: light vs. dark roasts, decaf, storing coffee, brewing methods, and home roasting.

Michael Giudice, Coffee Operations Manager for Costco, has 10+ years in the coffee industry. He is a licensed Q Grader, and his espresso was named "Best Espresso" by Los Angeles Magazine.

A Taste of Curry

1 Monday, 4/20, \$30

Room 136

Class # 40: 7:30–9:30pm

If you love Indian food and especially curry, come to this class to learn how you can make delicious curry dishes at home. The instructor will explain the varieties of curries and will demonstrate how to make authentic Indian dishes using them. The class will sample all dishes and will take home copies of all of the recipes. Join this class for a fun and delicious night of curry!

Sunita Hingorani, Experienced Indian Cooking Instructor

Fun & Fitness

NEW! Golf for Beginners and Novices

5 Tuesdays, 4/21–5/18, \$130

Hyatt Hills Golf Complex

1300 Raritan Road, Clark

Class # 57: 6:00–7:00pm

This class is a great opportunity to learn to play the fun and challenging game of golf. Learn the basic fundamentals of the golf swing, posture, grip, alignment, rules, etiquette and basics for putting and chipping. Please bring golf clubs. Balls will be provided.

Dan Hollis, PGA Head Professional and Raymond Johnson, Assistant Professional

NEW! Table Tennis for Fun, Fitness and Focus

6 Saturdays, 3/21–4/25, \$150

New Jersey Table Tennis Club

226 North Ave., Westfield

Class # 51, Beginner – Intermediate, 10:30am–12:30pm

Class # 52, Intermediate –Advanced, 2:00–4:00pm

Class # 53, Beginner, 4:00–6:00pm

Table Tennis is easy to learn but hard to master. It is the perfect sport for young and old since it is safe and non-impact but develops razor sharp hand-eye coordination, cardio vascular health, and quick decision making skills. It is suggested that it may forestall dementia. Discover why table tennis is an Olympic sport. Classes are open to students of all ages. Intergenerational family participants are welcome.

Xin Gao, International Player and Coach of China Sichuan Province Team and

Chris Lehman, ITTF Certified International referee, 3-time head coach USA paralympic team

Hula Hooping for Beginners

8 week class, \$120

Sharon Fit Belly Dance & Group Fitness Studio

29 Alden Street, Cranford

Class # 83: Saturdays, 3/7–4/25, 9:00–10:00am

Class # 82: Sundays, 3/8–4/26, 9:00–10:00am

Join us for an hour of hooping hoopla, a unique and fun workout. These hoops are larger and heavier than the hula hoops of childhood and are easier to master. Hooping builds core strength, tones the entire body, provides an intense low-impact cardio workout, and burns calories! Hooping also develops balance, coordination, and most of all, it is fun! Hoops will be available for in-class use and available for purchase.

Sharon Sutera, Hoopnotica Instructor Level 1-4

Flab-to-Firm Fitness Camp

8 Saturdays, 3/7–4/25, \$150

Sharon Fit Belly Dance and Group Fitness Studio

29 Alden Street, Cranford

Class # 55: 8:00–8:45am

Start Saturday off right at this muscle-toning cardiovascular-circuit fitness camp. The instructor will motivate you like no other. Utilize light weights, machines, and your own body weight. Move through a series of stations, performing exercises at each. Tone and tighten, relieve stress, lose inches around the waist line, and burn fat. Motivation and inspiration at their best!

Lloyd Maurice Pearson, Title-holding Champion, Current World Natural Body Building Federation Professional Bodybuilder

Beginner Yoga at Satsang Yoga

10 Week Program, \$150

Satsang Yoga, 307 South Ave. West, Westfield

Class # 65: Tuesday, 3/11–5/13, 7:45–9:00pm

Class # 69: Sunday, 3/8–5/10, 11:15am–12:30pm

This class has the best pace for beginners. Experience first-hand the many benefits of yoga. Learn principles that work to quickly improve posture, alleviate pain, and focus the mind. Come participate and feel your body come alive.

Satsang Yoga Instructor

Basic Flow Yoga at Satsang Yoga

10 Tuesdays, 3/10–5/12, \$150

Satsang Yoga, 307 South Ave. West, Westfield

Class # 66: 4:30–5:45pm

A creative expression of yoga, this eclectic class mixes elements from diverse yoga styles and traditions. This vinyasa (flow) class challenges body and mind, builds core strength, and can bring about deep healing and release. Postures are modified to accommodate all levels, offering beginning and advanced students a satisfying and invigorating practice.

Satsang Yoga Instructor

NEW! Lunch Hour Flow Yoga

10 Week Class, 3/9–5/11, \$150

Satsang Yoga, 307 South Ave. West, Westfield

Class # 78, Monday, 3/9–5/11, 11:00am–12:00pm

Class # 79, Thursday, 3/12–5/14: 11:00am–12:00pm

Is “not enough time” for yoga holding you back? Bliss Express provides a 60-minute yoga practice that is challenging and effective. Strengthen and tone “hot spots”, increase endurance, enhance flexibility, and bring balance into your exercise routine. Get yoga into your life without overextending your already packed schedule

Satsang Yoga Instructor

Fun & Fitness (continued)

Zumba

8 Tuesdays, 3/10–4/28, \$80

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 72: 9:30–10:30am

Start your day off right! Join this fitness class inspired by Latin dance. Body sculpting and easy-to-follow dance steps make this class a great workout. Burn fat and calories and tone your body while learning steps from popular Latin dances such as the mambo, rumba, salsa, and more.

Yvette Dance Studio, Experienced Zumba Instructors

JF Ride 45 – Indoor Cycling Workout

7 Week Program, \$125

JeniFit Studios, 345 South Avenue, Garwood

Class # 68: Tuesdays, 3/10–4/21, 7:15–8:00pm

Class # 73: Saturdays, 3/14–4/25, 7:00–7:45am

Track the calories you burn and the power you produce in this state-of-the-art indoor cycling class. Cardio and strength all at once! Great for all levels of fitness. Visit www.Jeni-Fit.com for more information.

JeniFit Instructor

Jeni-Barre

7 Week Class, \$125

JeniFit Studios, 345 South Avenue, Garwood

Class # 77: Mondays, 3/9–4/20, 9:15–10:15am

Class # 135: Wednesdays, 3/11–4/22, 5:45–6:45am

Kick off your shoes and reshape your body through muscle isolation exercises at a ballet barre. Rev your metabolism, burn fat, and improve posture and flexibility. This total body workout with gentle exercises will create long, lean muscles. Jeni-Barre is a low-impact cardio class making it safe for all levels of fitness. Our goal is to help you reach yours! Visit www.Jeni-Fit.com for more information.

JeniFit Instructor

Piloxing with JeniFit

7 Week Class, \$125

JeniFit Studios, 345 South Avenue, Garwood

Class # 132: Thursdays, 3/12–4/23, 8:30–9:25am

Piloxing is a hot new class that blends standing pilates, the strengthening and cardio of boxing, and the fun of dance into a high energy interval workout. Piloxing fuses pilates, boxing, and dance into an awesome calorie-torching class! You enjoyably burn about 600 plus calories per class. Try it! You'll love it! Visit www.Jeni-Fit.com for more information.

JeniFit Instructor

JeniFit Outdoor Jogging Fitness Class

7 week class, \$125

First class meets at Echo Lake Park, Westfield

Class # 76: Fridays, 3/13–4/24, 9:15–10:15am

Class # 149: Sundays, 3/15–4/26, 9:00–10:00am

Whether you are aim to lose weight, build muscle or improve general health, Jeni-Fit gets results! This class combines cardio conditioning and strength training in the beautiful outdoors. Each class includes valuable tips for a healthy lifestyle. First week class meets at Echo Lake Park in Westfield. (Students will be contacted by the instructor prior to the first class and directions will be provided.) Subsequent classes will be at other local parks determined by the instructor. Visit www.Jeni-Fit.com for more information.

JeniFit Instructor

Boxing Boot Camp

7 week class, \$125

JeniFit Studios, 345 South Avenue, Garwood

Class # 131, Thursdays: 3/12–4/23, 7:00–8:00pm

Class # 133, Saturdays: 3/14–4/25, 8:00–9:00am

Torch more than 600 calories while having fun. Strengthen and tone while building endurance. This fight-training environment mixes intervals of boxing with heavy bags and plyometrics. Limited class size ensures a safe workout and results! Great for men, women and teens!

JeniFit Instructor

NEW! Pilates/Yoga Fusion

8 Wednesdays, 3/11–4/29, \$120

Sharon Fit Belly Dance and Group Fitness Studio

29 Alden Street, Cranford

Class # 60: 9:30–10:30am

Pilates/yoga fusion is a workout combining core strength, flexibility, and balance. This class will use the Hatha yoga technique and Pilates exercises for a complete enjoyable mind/body workout. Bring a mat. Pilates rings are provided.

Cheryl Murades certification under L. Biscontini from SCW and Group Fitness Certified

Dance & Dance Fitness

NEW! Bhangra/Bollywood Dance Workshop

1 Sunday, 3/15, \$30

Sharon Fit Belly Dance and Group Fitness Studio

29 Alden Street, Cranford

Class # 64: 2:00–4:00pm

Feel transported to colorful India. Be introduced to Bhangra, the high energy Indian folk dance and the feminine grace of Bollywood. Learn the history of the dance and where it is today. The instructor will break down technique while building up choreography. High energy all the way! Bring water and a towel. Bhangra can be done barefoot, but can also be done with dance-type sneakers. There are moderate to high impact steps that can be modified. Gym attire is appropriate, but feel free to wear baggier flowing harem pants. No previous dance experience needed. (Optional colorful arm bands will be available to purchase.)

Marisa Garcia, Sharon Fit Bellydance Studio Instructor

♥ **Ballroom Dancing & Swing – Beginner**

8 Mondays, 3/9–5/4, \$80 Per Person, \$70 Senior Per Person

Cafeteria B

Class # 86: 7:00–8:00pm

Learn the basics in this fun and classic ballroom dance class. Join other beginners (partner not necessary) to learn the swing, cha cha, Rhumba, waltz, foxtrot, and merengue. In eight short weeks you will learn dance steps that will make you feel confident on the dance floor. Foot positions, rhythm/timing, and leading/following are all covered in this fun class. High school students welcome.

Michelle Garced, Certified Arthur Murray Dance Studios Professional

♥ **Ballroom Dancing & Swing – Advanced**

Beginner

8 Mondays, 3/9–5/4, \$80 Per Person, \$70 Senior, Per Person

Cafeteria B

Class # 87: 8:00–9:00pm

For students who have some dance experience or who have completed a beginner class in the past. Reinforce basic dance steps and learn new dances. Whether you danced last week or have not danced for years but would enjoy dancing again, come have fun with others who love to dance! Partner not necessary.

Michelle Garced, Certified Arthur Murray Dance Studios Professional

Beginner Old School Style Belly Dance

8 Week Class, \$115

Sharon Fit Belly Dance & Group Fitness Studio

29 Alden Street, Cranford

Class # 74: 3/12–4/30, 7:30–8:30pm

Tie on hip scarf (included in class fee) and have fun! Learn basic belly dance steps and turns while exploring the use of finger cymbals (optional). The dance steps transition one to the next so easily and seamlessly that you will feel like a dancing goddess by the end of the first class! Join the circle!

Sharon Sutera, Belly Dance Instructor, Certified Personal Trainer, Suhaila Salimpour School of Belly Dance Level 1 Certification and Jamila Salimpour Level 1 Certification

Beginner Back-to-Basics Belly Dance

8 Week Class, \$115

Sharon Fit Belly Dance & Group Fitness Studio

29 Alden Street, Cranford

Class # 62: 8 Mondays, 3/9–4/27, 9:30–10:30am

Class # 67: 8 Tuesdays, 3/10–4/28, 6:30–7:30pm

Class # 58: 8 Thursdays, 3/12–4/30, 6:30–7:30pm

Class # 61: 8 Saturdays, 3/14–5/2, 10:00–11:00am

A beginner belly dance technique class. Tie on a coin hip scarf (included in class fee) and learn the mystique of belly dance. Learn to find and use the muscles that create the isolations we admire. Each class focuses on different elements of the dance: hip bumps, undulations, pelvic and chest circles, figure 8's and more. With practice the muscles strengthen and the movements become more defined. Each class ends with simple dance movement combinations that are easy to follow. No previous dance experience necessary. Wear fitness or dance class attire. Be fit, and be feminine.

Sharon Sutera, Belly Dance Instructor, Certified Personal Trainer, Suhaila Salimpour School of Belly Dance Level 1 Certification & Jamila Salimpour Level 1 Certification

Friday R&B Line Dancing

1 Friday, 3/27, \$20

Sharon Fit Belly Dance & Group Fitness Studio

29 Alden Street, Cranford

Class # 71: 7:30–9:00pm

R&B Line Dancing is a music dance party and a great way to stay fit, too. Join this low-impact line dancing class to learn beginner dances to Motown, R&B, and soul music. Explore four-wall line dancing to the music of Marvin Gaye, Michael Jackson and others. This class is an excellent way to get a low-impact cardio work-out, not only working the body, but also challenging the mind. This is a fun and friendly way to move and groove. Fruit, wine, cheese & crackers will follow.

Sharon Sutera, Belly Dance Instructor

Dance & Dance Fitness (continued)

Ballet Sculpt

8 Thursdays, 3/12–4/30, \$120

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 84: 7:30–8:30pm

Try the latest craze in fitness for a great workout! This class uses the principles of ballet at the barre as well as cardio and weight sculpting choreographed to music. No knowledge of dance is required and this class is excellent for all ages. Fitness wear and ballet slippers, bare feet, or non-slip socks are required.

Yvette Dance Studio Instructor

Ballet for Beginners

8 Mondays, 3/9–4/27, \$120

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 81: 6:15–7:15pm

Have you ever wanted to try ballet? Here's your chance! Learn all the basics of ballet while increasing flexibility and having fun. Join others who love ballet and want to learn this graceful art.

Yvette Dance Studio

Ballet for Advanced Beginners

8 Wednesdays, 3/11–4/29, \$120

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 88: 6:15–7:15pm

This class is for students who know basic ballet steps and would like to learn more. Students who have danced in the past and more recent students are welcome.

Yvette Dance Studio Instructor

Tap Dancing for Beginners

8 Mondays, 3/9–4/27, \$120

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 85: 7:30–8:30pm

This beginner class is for the student who always dreamed of tap dancing. Learn the basics of tap dance, have fun, and get some exercise. No prior dance experience is necessary. Tap shoes and comfortable clothing are required. Tap shoes can be purchased at Cameo Dance Wear at Yvette Dance Studio (10% discount for mentioning the Westfield Adult School).

Yvette Dance Studio Instructor

Tap Dancing for Advanced Beginners

8 Wednesdays, 3/11–4/29, \$120

Yvette Dance Studio, 118 Walnut Ave., Cranford

Class # 89: 7:30–8:30pm

This class is for the student who has tap danced in the past or has completed the Beginner Tap Dancing class. Students continue to build their skills beyond the basics. Tap shoes and comfortable clothing are required. Tap shoes can be purchased at Cameo Dance Wear at Yvette Dance Studio (10% discount for mentioning the Westfield Adult School).

Yvette Dance Studio Instructor

Business, Finance, Legal & Government

NEW! Know Your Local Government: How it Works & What it Does

2 Mondays, 3/23 & 3/30, \$15

Room 140

Class # 123: 7:30–9:30pm

Are you new to town or a long-time resident? Would you like to shape the community you live in by serving on a board or running for office? Would you just like to better understand how local government works? How it sets taxes? The formation and function of town boards and departments? This course explains how officials are elected, how a mayor-council government operates, and its relation to the county government and local school board. (The course will not include discussions of current town issues and will be strictly non-partisan.) It will explain the responsibilities of your town government and how it fulfills them.

*David Haas, former member Westfield Board of Adjustment, former member Westfield Town Council, Electrical Engineer, NJIT Adjunct Professor***

Wills, Trusts and Probate

1 Monday, 4/20, \$10

Room 147

Class # 90: 7:30–9:00pm

This class addresses what a will is, why you need one, and what happens if you die without one. Both the probate process and intestacy (dying without a will) law will be discussed. Learn when and why you need a trust for your family and why you typically don't need a 'living' trust in New Jersey. Living wills and powers of attorney will also be discussed. We will address income taxes, estate taxes and inheritance taxes as well as some planning techniques to minimize these taxes upon your death.

*Mitchell C. Beinaker, Esq.***

Managing Healthcare Expenses in Retirement: Make the Most of Medicare

1 Monday, 3/9, \$10

Room 141

Class # 92: 7:30–9:00pm

Are you or someone you know enrolling in Medicare this year? Join this class for an easy-to-understand overview of healthcare in retirement. Students will learn the ins and outs of Medicare. Learn how health care works in retirement as well as the decisions to make before retirement. Faced with so many health care and Medicare options, you will learn how to make informed choices.

Daniel Katzeff, CLTC, Vice President and Financial Services Professional at Lee-Nolan & Koroghlian, LLC, Saddle Brook, NJ

NEW! Understanding Social Security

1 Monday, 4/13, \$ 10

Room 140

Class # 97: 7:30–9:00pm

Learn the basics about Social Security in order to make informed decisions when you are eligible to receive this benefit. This class will teach you how social security benefits are determined, advantages and disadvantages of receiving benefits earlier or later than full retirement age, spousal benefits and tax implications.

*Michael Vinanskie, Chartered Financial Consultant and Investment Advisor, ProEquities Inc.***

NEW! Overview of Investment Concepts

1 Monday, 3/9, \$10

Room 154

Class # 93: 7:30–9:00pm

Do you know the difference between a stock and a bond? Are you confused about mutual funds and your 401k investments? This class will discuss the basics including prudently diversifying investments. Learn the most important concepts to make investment decisions and how to avoid common pitfalls.

*Michael Vinanskie, Chartered Financial Consultant and Investment Advisor, ProEquities Inc.***

NEW! Understanding Mutual Funds

1 Monday, 3/16, \$10

Room 143

Class #95: 7:30–9:00pm

Learn the basics of mutual fund investing and gain tools to start making better choices today. If you would like to review your existing funds or want to learn how to choose new ones, this class will give you basic insights to invest with confidence.

*Michael Vinanskie, Chartered Financial Consultant and Investment Advisor, ProEquities Inc.***

Financial Strategies for Estate Planning

1 Monday, 4/20, \$10

Room 154

Class # 91: 7:30–9:00pm

Too many people address the financial aspects of their estate plan only when a life-altering event occurs. Learn to maximize your estate benefits. This class explains new federal tax laws and estate tax laws and how to extend assets throughout life, pass assets to a spouse without taxes, maximize the amount of an estate passing to heirs, and how to protect the family in the event of an unexpected illness or passing. Also covered are tax-advantaged savings vehicles and the advantages and disadvantages of long-term care insurance. Attendees gain a better understanding of planning for a more secure financial future.

Aaron Skloff, AIF, CFA, MBA, Financial Advisor, Skloff Financial Group

Long Term Care Insurance: Protecting Your Independence

1 Monday, 4/27, \$10

Room 145

Class # 94: 7:30–9:00pm

Because the need for long-term care can arise unexpectedly, the time to learn about long-term care is before you need it. In this class, students are provided with an overview of long-term care insurance including the cost/benefit options and what other insurance policies will and will not cover. Prudent planning can lower the financial and emotional costs of long-term care for the patient and loved ones.

Daniel Katzeff, CLTC, Vice President and Financial Services Professional at Lee-Nolan & Koroghlian, LLC, Saddle Brook, NJ

Real Estate & Your Home

NEW! How to Easily Organize Your Home

2 Mondays, 3/23 & 3/30, \$40

WHS Library

Class # 80: 7:00–8:30pm

Learn the easiest and least stressful way to organize a room. Students receive personal advice to organize a room of their choosing. Students are encouraged to submit photos of their space before class for personalized solutions and a step-by-step plan created by the instructor. If want to de-clutter with the advice of a professional, then this is the class for you!

Jamie Novak, Organizing Specialist, www.bitesizeliving.com

Setting the Stage to Sell Your Home

1 Monday, 3/23, \$10

Room 130

Class # 99: 7:00–9:00pm

First impressions really count in real estate. Potential buyers quickly decide whether they like a home they are considering buying. In fact, they may form their opinions even before they walk through the door. Making a good first impression can mean a fast sale at the best price instead of a long ordeal of repeated showings, hassles and price reductions. Basic considerations properly attended to before you list your home will help get top dollar and avoid complications. Learn valuable tips that will cost little but may make a big difference in your net return.

*Maryalice Ryan, ABR, SRES, Coldwell Banker Residential Brokerage***

Home Inspection for Sellers and Buyers

1 Monday, 3/30, \$20

Room 117

Class # 116: 7:00–8:30pm

Are you planning to buy or sell a home? What will a thorough inspection reveal? What is the home inspector thinking while inspecting a property? Find out from a professional who will provide a virtual tour of a home and explain the particulars of a comprehensive inspection: structural, mechanical, termite and wood destroying insects, radon screening, lead paint inspections, buried underground oil tanks, and more. This class is for homeowners when selling and for home buyers making one of the most important purchases in life.

Robert Fico, ACE Home Inspection, Inc. of Westfield

Home Maintenance 101

2 Mondays, 3/9 & 3/16, \$40

Room 117

Class # 117: 7:00–8:30pm

Wise homeowners maintain their property to avoid problems and protect their investment. Learn what to do to maintain your furnace, air conditioner, water heater, gutters, chimney and other home components and learn when to call in the experts. Understand what typical life expectancies are for roofs, HVAC systems, water heaters and the like and what to look for to identify small problems before these become large and costly ones. This is a "do-it-yourself" home maintenance class. There will be plenty of time for questions and discussion.

Robert Fico, ACE Home Inspection, Inc. of Westfield

Landscaping – Spring Primer

1 Monday, 3/9, \$22

Room 119

Class # 100: 7:30–9:30pm

Do you want a beautiful yard but need guidance from a professional landscaper? This one-night class gives students the opportunity to learn about landscaping from a professional. Spring is the time to think about getting the yard ready for summer fun. This class covers soil preparation, plant material, maintenance, pruning, and landscape design. There will be plenty of time for questions and answers.

Craig Stock, BA Horticulture, Texas Tech. University, Professional Landscape Designer

Landscaping Your Home

6 Mondays, 3/16–4/27, \$98

Room 119

Class # 103: 7:30–9:30pm

Do you want to landscape your own yard but don't know where to start? This course will help you design your own landscape plan and learn how to prepare an area and select, install and maintain suitable plants. Students should bring a land survey of their home and photos of the area to be designed. At the last class students will receive a detailed landscaping plan designed specifically for their yard from the survey provided. The plan will include plant types and take into consideration which plants will grow best for the site. Maximum 12 students.

Craig Stock, BA Horticulture, Texas Tech. University, Professional Landscape Designer

Languages

Introduction to American Sign Language: Fundamentals of ASL Conversation

8 Mondays, 3/9–5/4, \$80
Room 167

Class # 108: 7:00–8:15pm

In this class, students learn the four parameters of a sign: handshape, palm position, location, and movement. Students learn a signing vocabulary to include fingerspelling, numbers 1 – 99, colors, animals, some basic verbs and nouns, emotions, family, and foods. Use of vocabulary in meaningful contexts to develop comprehension will be covered. Students will also be introduced to the Deaf community and Deaf culture.

Megan O'Sullivan, BA Deaf Studies

French – Beginner

8 Mondays, 3/9–5/4, \$80
Room 253

Class # 113: 7:00–8:15pm

Are you planning a trip to a French-speaking country? Are you interested in learning French for fun? Join this class to learn the basics of this romance language in eight short weeks! This beginning French class concentrates on basic vocabulary, pronunciation, and conversation.

Westfield Adult School Foreign Language Staff

Spanish – Beginner

8 Mondays, 3/9–5/4, \$80
Room 256

Class # 110: 7:00–8:15pm

Would you love to speak Spanish? This beginner course concentrates on basic vocabulary, pronunciation, and conversation. Students should buy and bring the Spanish Made Simple textbook by Eugene Jackson, which can be purchased through The Town Bookstore (Westfield) or at www.barnesandnoble.com.

Christopher Beck, Native Spanish Speaker and Teacher

Spanish – Advanced Beginner

8 Mondays, 3/9–5/4, \$80
Room 256

Class # 111: 8:15–9:30pm

This class is perfect for those students who speak some Spanish and want to advance. Students will enrich their vocabulary, learn grammar and pronunciation, and improve conversational fluency.

Christopher Beck, Native Spanish Speaker and Teacher

Italian - Beginner

8 Mondays, 3/9–5/4, \$80
Room 155

Class # 112: 7:00–8:15pm

This class is an introduction to the beautiful language of Italian. In 8 short weeks students learn basic conversation, grammar, pronunciation and reading of phrases. Required: Essential

Italian Grammar by Olga Ragusa (available at Barnes & Noble for \$5.95).

Filippo Secci, Native Italian Speaker and Experienced Italian Instructor

Italian - Advanced Beginner

8 Mondays, 3/9–5/4, \$80
Room 155

Class # 119: 8:15–9:30pm

This class is for students who have completed a beginner Italian class or have taken Italian in the past and want to learn more and refresh their skills. Students learn additional grammar, vocabulary, pronunciation, reading of phrases and travel tips. Required: Essential Italian Grammar by Olga Ragusa (available at Barnes & Noble for \$5.95).

Filippo Secci, Native Italian Speaker and Experienced Italian Instructor

ESL- Conversational English

8 Mondays, 3/9–5/4, \$60
(No class on 4/6)

Room 159

Class # 115: 7:00–9:00pm

Enjoy learning English in a fun environment and receive personal attention. All classes will be taught in small groups according to level. A placement test and orientation are held at the first class. Students who have previously taken this course are welcome to develop their skills further here.

Beginner/Intermediate Level

This level is for students who can speak and read some English. The emphasis for this group will be conversation, writing, reading, pronunciation, and grammar. Students should be able to read and write in their own language.

Intermediate Level

For students who have had some English classes. Conversation, vocabulary, reading, writing, grammar, and pronunciation are covered in a small group setting. The emphasis in this class is on conversational skills.

Advanced Level

Students will discuss a variety of interesting topics in this class. Grammar, reading, current events, creative writing, idioms, pronunciation, oral presentations, vocabulary, and small group conversations are covered in this class. The emphasis is on conversational skills.

Alayne Morgenthal, BA English & Fine Arts, Dickinson College, Executive MBA, Stanford University

Lynn O'Brien, BA Linguistics, Montclair State University, Experienced ESL Teacher

Madeline Salzman, BS Education, NYU, former NYC Teacher, Experienced ESL Teacher

Pat Schor, BA Lafayette College, Experienced ESL Teacher

Creative Arts, Music, Photography & Writing

Creative Writing – Free the Writer Within You

7 Mondays, 3/9–4/27, \$120

Room 156

Class # 122: 7:00–9:00pm

Develop your creative ideas with compelling characters, plots, conflicts, and dialogue while also strengthening your creative writing skills. Whether you write short stories, novels, children's books or young adult fiction, if you have stories within you, come prepared to write. E-publishing, easier than ever, will also be discussed.

Tom Cantillon, Union County College Writing Instructor

Introduction to Digital Photography

1 Monday, 3/9, \$25

Room 113

Class # 105: 7:00–9:00pm

Do you want to make the best use of your digital camera? Learn the basic parts of the camera and relevant terminology. Learn such basics as framing the shot, judging subject distance, and using a flash. Learn to get photos from camera to computer. Also to be discussed: internet printing, printers, posting pictures to the Internet, and burning pictures to cd's.

Herb August, Professional Photographer

Intermediate Digital Photography

6 Mondays, 3/16–4/27, \$98

Room 113

Class # 106: 7:00–9:00pm

Learn to use your DSLR or advanced point-and-shoot camera like a professional. This 6-week class covers features of DSLR cameras and how to use them to take great pictures. Topics include: digital SLR basics, dial settings, metering, lenses, filters, flashes, composition, photo editing, gadgets and tools. Learn about F-stop, shutter speed and ISO settings to shoot in "manual" mode. There will be in-class photo studies and ample time for questions.

Herb August, Professional Photographer

Guitar - Beginner

8 Mondays, 3/9–5/4, \$110

Room 121

Class # 120: 7:00–8:00pm

Have you always wanted to play the guitar? Wait no longer! This easy-to-learn chord-style approach will have you playing melodies in no time. No experience necessary. Please bring a guitar, a medium pick and a manuscript booklet to the first class. If you need to rent a guitar, we suggest you contact Scotch Plains Music Center at (908-322-7542). Maximum 10 students.

Ed Helmstetter, Experienced Guitar Teacher

Monday Afternoon at the Opera

5 Mondays, 3/16, 3/23, 3/30, 4/13, 5/18

Westfield Memorial Library, 550 East Broad St.

Class # 121: 1:00–2:30pm

Opera is one of the most exciting and complex art forms, combining theater, orchestra, staging, costume, acting, singing, dancing and everything else associated with musical drama. For over 400 years, composers have created operatic masterpieces that have thrilled audiences around the world. Explore the stories, characters and music of the great operas with Robert W. Butts, one of New Jersey's leading opera conductors. With video examples accompanying the lecture, study in depth the following operas:

March 16 - George Frideric Handel - Rodelinda

March 23 - Gaetano Donizetti - Don Pasquale

March 30 - Umberto Giordano - Andrea Chenier

April 13 - Giuseppe Verdi - Un Ballo in Maschera

May 18 - Engelbert Humperdink - Hansel and Gretel

Bob Butts, Conductor, NJ Concert Opera & Baroque Orchestra of North Jersey, www.robertbutts.com

Voice Over

1 Monday, 4/13, \$46

Room 130

Class # 125: 7:00–9:00pm

Have you ever wanted to be the voice everyone hears on commercials and documentaries? This fun and interactive class, taught by a professional voice actor, covers details of the industry, the importance of marketing and of a demo tape. You will be coached and recorded for a personal evaluation. Be forewarned: Many who have taken this class have gone on to become professional voice-over actors.

Voices for All, Voice Acting Training Company

Health & Safety

American Red Cross CPR with AED

1 Monday, 3/30, \$70

Room 151

Class # 150: 7:00–9:00pm

Learn to recognize and handle emergency situations, care for people experiencing breathing and cardiac emergencies, perform CPR on adults, and use an AED (Automated External Defibrillator) on victims of sudden cardiac arrest until advanced medical help arrives. Students also learn basic precautions for preventing transmission of disease. All who complete the class will receive certification which is valid for two calendar years.

Somerset Hills CPR, LLC

American Red Cross First Aid

1 Monday, 3/23, \$70

Room 151

Class # 152: 6:30–9:30pm

Heartsaver® First Aid is a classroom, video-based, instructor-led course that teaches skills for responding and managing an emergency in the first few critical minutes until emergency medical services (EMS) arrive. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first-aid emergencies. All students who complete the class receive certification valid for two calendar years.

Somerset Hills CPR, LLC

American Red Cross Babysitter Training

3 Mondays, 4/13–4/27, \$110

Room 151

Class # 155: 6:30–9:15pm

This course is designed for students 11 to 15 years old. Students learn conflict management skills and home safety preparedness. They also learn how to interact, play with, care for and nurture children of different ages, how to manage common injuries and illnesses, how to perform non-accredited CPR and choke management, how to handle bedtime, disciplinary issues, identify safety hazards, follow work etiquette, write a resume and develop job interviewing skills. Class materials include a course handbook, medical reference booklet, first aid starter kit and a CD with dozens of templates that will help each participant be the most popular babysitter in the neighborhood. Certificate of participation will be provided upon successful completion of the course.

Somerset Hills CPR, LLC

Personal Growth

NEW!

What Do You Want to be When You Grow Up

1 Monday, 3/30, \$10

Room 153

Class # 96: 7:30–9:00pm

When we think ahead to retirement, we tend to focus on whether we have enough money to retire. But is that the only issue? We've all been given advice about financial planning and the importance of exercise and eating right. We've been sensible, we have lived in the real world. Still, no one has asked us: What have you learned about yourself on the job? What has made you happy? Satisfied? Proud? Have you neglected a talent that you nurtured as a youth? What would you be happy never doing again and what would you like to do that you have never done? In other words, for you, what is the good life? The class is based on information from the book "What Do You Want to Do When You Grow Up?" written by the instructor, Dorothy Cantor. Cantor will provide an overview of the simple tools that can broaden your horizons. After this class, you can start to plan for your next adventure—your future. (Copies of *What Do You Want to Be When You Grow Up* will be available for purchase at her class.

*Dorothy Cantor, PSY.D., Psychology, Rutgers University***

Makeup for the Real Woman

1 Monday, 4/20, \$30

WHS Library

Class # 138: 7:30–9:00pm

Learn to transform your makeup look. This comprehensive class features proven techniques known to professional makeup artists, with a focus on lips, eyes and foundation selection. Find the best colors for your skin tone, eyes, face shape, and your "makeup must-haves" for a quick, fresh look. Learn the simple secrets of applying makeup. Target specific needs, and enhance beauty from daytime to evening. This interactive program presents the newest in makeup trends and styles. To provide individual attention, this class is limited to 12 students.

Debra K. Nicholls, Independent Beauty Consultant

Instant Speed Reading

1 Monday, 3/9, \$46

Room 147

Class # 182: 7:00–9:30pm

Double reading speed in one lesson. The instructor teaches Dave Farrow's Speed Reading System designed to double reading speed and improve reading comprehension without tedious drills. Learn techniques to minimize eyestrain. Improve your reading speed using the simple "Farrow" method. This program is so effective that its developer was

named Sony's speed reading spokesperson for the Sony Reader. Proper training brings amazing improvement.

Wendy Richmond, Certified Farrow Memory Speaker

Get a Push-Button Memory

1 Monday, 3/16, \$46

Room 147

Class # 181: 7:00–9:30pm

Is your memory less than you desire? Are you always forgetting where you left your car keys or that one last item on your "to do" list? Do you want to remember facts and stop blanking out? Or do you just want to stop forgetting why you walked into a room? Discover the system created by a Guinness Record-holder for great memory. Learn techniques to recall names, dates and facts, details from conversations, and foreign language vocabulary. In only one session, you will noticeably improve your memory, learn the secret to triggering your long-term memory at will, as well as unleash perfect focus when you need it most.

Wendy Richmond, Certified Farrow Memory Speaker

NEW! Blended Martial Arts

7 Mondays, 3/9–4/27, \$120

Room 120

Class # 189: 7:00–8:15pm

This beginner class introduces basic kicks, strikes, movements of karate, judo trips, and hip throw. Small circle jiu jitsu finger locks and wrist locks. Brazilian jiu jitsu positioning. A bit of krav maga. Hello Gracie self-defense techniques. Controlled sparring for fun, done safely and without stress. Karate katas that are hundreds of years old and still a stimulating way to get aerobic exercise without the boredom and hassle of a gym. This is a terrific course in an eclectic mix of martial arts to enjoy. For all ages, high school students through seniors. (Not for experienced martial artists.)

Len Feder, Wally Fay Jiu Jitsu Instructor

Learn to Meditate

4 Mondays, 4/13–5/4, \$64

Room 242

Class # 141: 8:00–9:30pm

Meditation leads to inner peace, lessens loneliness, improves relationships, and has many other benefits for mind and body. Learn to incorporate a fulfilling meditation practice into your lifestyle, and learn time-tested methods for improving mindfulness, concentration, and happiness.

Tom Obrzut, Experienced Practitioner and Teacher at Dharmachakra Buddhist Center

College Prep

SAT and PSAT Preparation

8 Week Class, \$499

Room 115

Class # 153: Wednesday Class, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11, 3/18, 3/25: 6:30–9:30pm

Class # 154: Thursday Class, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26: 6:30–9:30pm

This comprehensive course by Westfield Review, Inc. offers strategies and techniques for SAT success. These include vocabulary review for English and math, writing samples, and scoring, timing issues, target numbering, eliminating wrong answers and finding correct one. Practice SAT's are completed both in class and for homework. Class fee includes textbooks. Space is limited.

Les Jacobsen, Director of Westfield Review and Retired Math Instructor, Westfield High School

Karen Goller, Retired English Instructor, Westfield High School

Trips & Excursions

The following trips are offered through Great Outings.

"Heart and Lights" at Radio City Music Hall

1 Sunday, 3/15, \$190

Class # 170

"Heart and Lights" is a new show starring the Rockettes and celebrating New York as "the greatest city in the world." This spectacular follows the adventures of two cousins traveling all over New York City, trying to uncover the secrets of their grandmother's past. It features state-of-the-art technology, elaborate special effects and fantastic new choreography. The Rockettes and New York City like never before! Prior to the show we'll stop at the unique Chelsea Market (formerly the home of the National Biscuit Company), where you can shop, eat, and weather permitting, walk the High Line. Then we will tour the Music Hall. Get an insider's view and go behind-the-scenes as you explore the beautifully restored Art Deco interior. Learn the secrets of the great stage and meet one of the world-famous Rockettes up-close and in person. Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 9:30am with a return at approximately 6:00pm.

Domingo at The Metropolitan Opera House

1 Friday, 3/20, \$215

Class # 171

Placido Domingo makes history at the Metropolitan Opera! Join us for the season premiere of Giuseppe Verdi's "Ernani" in which Domingo sings the baritone role of Don Carlo, King of Spain, for the first time ever! Considered one of the most stirring works of Verdi's early years, "Ernani" is based on a Victor Hugo play. Set in 16th century Spain, this melodramatic tale of a love quadrangle has not two but three entitled men trying to claim the beautiful Elvira: her uncle and guardian Don Ruy Gomez de Silva, an old Spanish grandee; Don Carlo, the imperious King of Spain (who you might think would have the upper hand); and Ernani, who lost his title and wealth during a civil war and has become a very dashing bandit.

Reviews agree that "this magnificent gem will delight you with dancing melodies, heroic strains and sublime celestial phrases". James Levine conducts. Sung in Italian with Met titles in English. A light supper will be served onboard the bus. Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 4:30pm with a return at approximately 11:15pm.

"On The Town" on Broadway

1 Wednesday, 4/8, \$180

Class # 172

One of America's greatest musical comedies has docked at Broadway's beautifully restored Lyric Theatre in the heart of Times Square. With the biggest orchestra on Broadway and a 30-member cast of New York's most talented singers and dancers, "On the Town" tells the story of three wide-eyed sailors on a whirlwind musical tour of the city that never sleeps. With just 24 hours of shore leave, they're eager to experience all that New York City has to offer ... including a chance to discover love with the girl of their dreams. The glorious score was composed by Leonard Bernstein with lyrics and book by Betty Comden and Adolph Green. Described as "jubilant" by the New York Times and "a glittering gem" by the Post, this is "a joyous production that'll make you fall in love with the city and musical theater all over again" (NBC). Trip includes a "brown bag lunch" and a visit to the Metropolitan Museum of Art. (Admission not included.) Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 9:00am with a return at approximately 6:15pm.

Trips & Excursions (continued)

"An American in Paris" on Broadway

1 Wednesday, 5/13, \$195

Class # 173

"An American in Paris," one of the greatest film musicals, has now been adapted for Broadway! It is the romantic story of a young American soldier, a beautiful French girl and an indomitable European city, each yearning for a new beginning in the aftermath of war. The wonderful score by George and Ira Gershwin includes such standards as "I Got Rhythm" and "S Wonderful", with orchestral music such as "Concerto in F" and of course, "American in Paris". This is the kind of Broadway musical you thought they didn't make anymore. It's a musical filled with beauty, artistry and the unmistakable beat of the human heart. The trip includes a "brown bag lunch" and a visit to the Metropolitan Museum of Art. (Admission not included.) Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 9:00am with a return at approximately 6:15pm.

"Finding Neverland" on Broadway

1 Wednesday, 5/13, \$185

Class # 174

Based on the Academy Award-winning film of the same name, "Finding Neverland" is a new Broadway musical that tells the fascinating tale of how Peter became Pan. It follows author J.M. Barrie and his relationship with the family of widow Sylvia Lewelyn Davies, who eventually became Barrie's inspiration to write "Peter Pan". The musical explores the power of imagination to open up new worlds, and the pressures put upon those worlds by the inevitability of growing up. Paced with mesmerizing visuals, irresistible songs and plenty of laughs, "Finding Neverland" tells a wonderful timeless story. The trip includes a "brown bag lunch" and a visit to the Metropolitan Museum of Art. (Admission not included.) Departure from A&P

Fresh Parking Lot (1060 Raritan Rd., Clark) at 9:00am with a return at approximately 6:15pm.

All-Beethoven: The 5th & The "Emperor" at NJPAC

1 Saturday, 6/6, \$165

Class # 175

What could be better than Beethoven's Fifth? Two Fifths: his iconic symphony and the majestic "Emperor", Piano Concerto Number 5. Soloist Marc-Andre Hamelin reigns supreme at the keyboard. "His technical facility is breathtaking ... but his sensitivity is also superb," says The Washington Post. Jacques Lacombe and the New Jersey Symphony Orchestra are magnificent. The program opens with Beethoven's Coriolan Overture. This is a concert not to be missed! Dinner (included) first at Amanda's, a Great Outings favorite. Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 4:30pm with a return at approximately 10:30pm.

"Swan Lake" at

The Metropolitan Opera House

Wednesday, 6/24, \$215

Class # 176

See the American Ballet Theatre, arguably the world's finest dance ensemble, performing at the Metropolitan Opera House, one of the world's finest stages. Set to Tchaikovsky's glorious score, this romantic tale of love and forgiveness is often considered the world's most beloved ballet. With breathtaking choreography, lavish costumes and visually spectacular sets, "Swan Lake" remains a glittering centerpiece in the company's repertoire. ABT's production "glides to the forefront of stagings all over the world," The Wall Street Journal. Before the performance, enjoy luncheon (included) at Petrossian, an elegant New York favorite for superlative French-Continental cuisine. Departure from A&P Fresh Parking Lot (1060 Raritan Rd., Clark) at 10:00am with a return at approximately 6:15pm.

Driving Directions to Westfield High School

550 Dorian Road, Westfield, NJ 07090

Via the Garden State Parkway

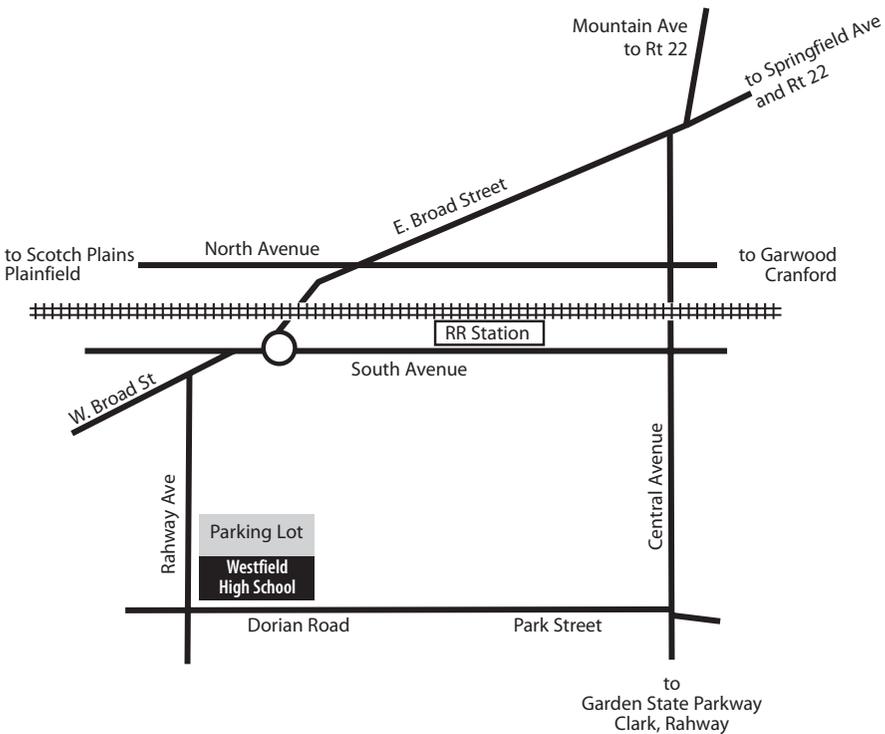
From the north: Take Exit 135 onto Central Avenue into Westfield. Once on Central Ave, take a **left** at the fifth traffic light onto Park Street, which becomes Dorian Road (at the second stop sign). Continue to the high school on the right side of the street.

From the south: Take Exit 135 and follow signs to Central Avenue/ Westfield. Once on Central Avenue, make a **left** at the fifth traffic light onto Park Street, which becomes Dorian Road (at the second stop sign). Continue to the high school on the right side of the street.

Via Route 22

Exit Route 22 East at the Cranford/Westfield exit onto Springfield Avenue. At the fourth traffic light, bear **right** onto East Broad Street. Continue on East Broad Street until you turn **left** onto Central Avenue (the second traffic light at the Rialto movie theater). Stay **straight** on Central Avenue, then turn **right** at the third traffic light onto Park Street, which becomes Dorian Road (at the second stop sign). Continue to the high school on the right side of the street.

Free parking is available on Dorian Road in front of Westfield High School and in the faculty parking lot on Rahway Avenue behind the school.



REGISTRATION – PLEASE READ CAREFULLY

The Westfield Adult School is a non-profit, independent, voluntary community organization. No taxpayer money is used. Building facilities are rented from the Westfield Board of Education and administrative expenses such as salaries, insurance premiums, printing and mailing costs are borne by tuition fees, advertisements, and donations.

1. Make checks payable to: WESTFIELD ADULT SCHOOL ASSOCIATION. There is a non-refundable registration fee of \$10 per person, per semester (one time only). Mail form and checks to:

**WESTFIELD ADULT SCHOOL ASSOCIATION
P.O. BOX 606
WESTFIELD, NJ 07091**

***There will be a \$20 charge for returned checks.
Do NOT mail checks to Westfield High School.***

2. NO CONFIRMATIONS ARE SENT. You will be notified if a course is filled or cancelled and your fee will be returned to you. Classes may be cancelled due to low enrollment.
3. REFUND POLICY: Refund requests for classes must be received by the Friday before the class starts. Full tuition will be refunded minus a \$10 administrative fee. No refunds for one-night classes. Day trip reservations are not refundable, but may be transferable if the trip has a waiting list. Overnight trip reservations are refundable up to 14 days prior to departure, less an administrative fee of \$10 plus charges for any expenses incurred.
4. Senior Citizens: Courses noted by a ♥ are offered at a discounted senior rate to students age 65 and over.
5. Fees must be paid in full at the time your registration is received.
6. Any individual, regardless of residence, may register.
7. Classes are held on Monday nights at Westfield High School, unless specifically noted otherwise. Dates and duration of classes are shown after the course title. **There will be no classes held at Westfield High School on April 6 due to Spring Break.**
8. The telephone number for the Adult School office is (908) 232-4050. Please do not call Westfield High School for information regarding the Adult School, except on Monday evenings when the Adult School is in session.
9. On Monday nights, when the Adult School is in session, the main office of Westfield High School is open from 6:00–9:30 p.m., phone (908) 789-4500.
10. Visit us at our Web site – **www.WestfieldAdultSchool.com** or e-mail us at **wasnjdirector@gmail.com**.

Call (908) 232-4050 if the weather becomes severe during the day or check the website for information. If the Westfield Public Schools close during the day for an emergency, Adult School classes will be cancelled. The Adult School cannot guarantee that cancelled classes will be made up.

Online registrations will be confirmed.

Students WILL be notified if a class is full or cancelled due to low enrollment.

Please provide your current e-mail address and phone number on registration form so the Westfield Adult School can contact you.

Spring 2015 Westfield Adult School Association Registration

Name: _____
Last
First
Initial

Address: _____ Home Phone: _____
Street and Number

_____ City _____ State _____ Zip _____

E-mail Address: _____ @ _____

The Westfield Adult School periodically will send an e-mail to notify you when the new semester starts or in the case of cancelled classes and other important matters. We will NOT send ads and we do NOT share your e-mail address with any other parties. If in the future, should you wish to be removed from the e-mail mailing list, please send us an e-mail asking to remove your address.

1. Course Number	Course Title	Course Fee
2. Course Number	Course Title	Course Fee
3. Course Number	Course Title	Course Fee
4. Course Number	Course Title	Course Fee

*** Only one Registration Fee per person for the season.**

*Registration Fee:	\$ 10.00 per person
Donation:	
Total:	

****Make checks payable to Westfield Adult School Association**

Mail check and registration form to:
Westfield Adult School Association
P.O. Box 606, Westfield, NJ 07091
 (908) 232-4050

Do NOT Mail Checks to Westfield High School
 CREDIT CARDS ACCEPTED **ONLINE ONLY**
www.WestfieldAdultSchool.com

Please complete the following survey.

How did you hear about the Westfield Adult School?

<input type="checkbox"/> <i>Catalog in mail</i>	<input type="checkbox"/> <i>Friend referral</i>	<input type="checkbox"/> <i>Previous experience</i>
<input type="checkbox"/> <i>Library</i>	<input type="checkbox"/> <i>Train station</i>	<input type="checkbox"/> <i>Facebook</i>
<input type="checkbox"/> <i>Newspaper article or ad</i>	<input type="checkbox"/> <i>On the internet</i>	<input type="checkbox"/> <i>Other: _____</i>

Follow Westfield Adult School on **facebook** !



P.O. Box 606
Westfield, NJ 07091
(908) 232-4050
www.WestfieldAdultSchool.com
wasnjdirector@gmail.com

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High School Students May Enroll in Adult School Courses!